

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 295 Girls 60 Metre Dash Pee wee
Saturday 2009-07-04 - 09:00**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|--------------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 9.85 |
| 2 | 862 Anderson, Alexis | 98 | St. Albert T | NT |
| 3 | 791 Cardinal, Shyann | 99 | Leduc Track | NT |
| 4 | 797 Melvie, Taylor | 99 | Leduc Track | NT |
| 5 | 900 Young, Sara | 00 | St. Albert T | NT |
| 6 | 878 Groenenboom, Haley | 98 | St. Albert T | NT |
| 7 | 870 Curle, Madelyn | 99 | St. Albert T | NT |
| 8 | 899 Young, Naomi | 98 | St. Albert T | NT |
| 9 | 763 Michael, Andrea | 99 | Edmonton Thunder | NT |
| 10 | 774 Shah, Haleemah | 99 | Edmonton Thunder | NT |
| 11 | 749 Andruchow, Riley | 99 | Edmonton Thunder | NT |
| 12 | 971 Hik, Felicity | 99 | Unattached Alberta | NT |
| 13 | 799 Parmar, Aliya | 00 | Leduc Track | NT |
| 14 | 790 Cardinal, Raven | 01 | Leduc Track | NT |
| 15 | 775 Shah, Summayyah | 99 | Edmonton Thunder | NT |
| 16 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | NT |
| 17 | 846 McKain, Kassi | 98 | Red Deer Titans | NT |
| 18 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | NT |
| 19 | 637 Hammond, Hannah | 98 | Edmonton Harriers | NT |
| 20 | 577 Foster, Rhea | 98 | Caltaf Athle | NT |
| 21 | 584 Martin, Alison | 99 | Caltaf Athle | NT |
| 22 | 969 Hall, Yasmine | 98 | Unattached Alberta | NT |
| 23 | 863 Bornia, Katie | 98 | St. Albert T | NT |
| 24 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | NT |
| 25 | 871 De La Mare, Sydney | 98 | St. Albert T | NT |
| 26 | 875 Gorgichuk, Hannah | 98 | St. Albert T | NT |
| 27 | 647 McGill, Sidney | 99 | Edmonton Harriers | NT |
| 28 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | NT |
| 29 | 687 Brown, Kiara | 99 | Edmonton Oly | NT |

**Event 296 Boys 60 Metre Dash Pee wee
Saturday 2009-07-04 - 09:12**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 804 Setter, Dustin | 98 | Leduc Track | 10.04 |
| 2 | 828 Laramie, Christian | 99 | Northeast AL | 10.69 |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | NT |
| 4 | 781 Wafer, Mathew | 99 | Edmonton Thunder | NT |
| 5 | 664 Wickware, Brett | 98 | Edmonton Harriers | NT |
| 6 | 896 Waselenchuk, Quinn | 98 | St. Albert T | NT |

**Event 297 Girls 80 Metre Dash Bantam
Saturday 2009-07-04 - 09:15**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 1 | 533 Dixon, Emma | 97 | Calgary Spartans | 11.00 |
| 2 | 806 Smallwood, Natasha | 96 | Leduc Track | 11.62 |
| 3 | 585 Martin, Emma | 97 | Caltaf Athle | 11.84 |
| 4 | 793 Flint, Devin | 96 | Leduc Track | 12.23 |
| 5 | 834 Hendricks, Mason | 96 | Passtrak | 12.39 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 297 ... (Girls 80 Metre Dash Bantam)**

| | Comp# | Name | Year | Team | Seed Time |
|----|--------------|-----------------------|-------------|-------------------|------------------|
| 6 | 526 | Burk, Alexandra | 97 | Calgary Spartans | 12.50 |
| 7 | 836 | Mitchell, Brittany | 97 | Passtrak | 12.50 |
| 8 | 598 | Yee, Madelaine | 97 | Caltaf Athle | 13.64 |
| 9 | 889 | Newton, Kennedy | 97 | St. Albert T | NT |
| 10 | 881 | Jewell, Jenna | 97 | St. Albert T | NT |
| 11 | 883 | LaBuick, Amy | 96 | St. Albert T | NT |
| 12 | 877 | Groenenboom, Emily | 96 | St. Albert T | NT |
| 13 | 869 | Curle, Emma | 97 | St. Albert T | NT |
| 14 | 800 | Parmar, Chava | 97 | Leduc Track | NT |
| 15 | 858 | Merth, Jenna | 97 | Split City Sonics | NT |
| 16 | 578 | Glover, Anna | 97 | Caltaf Athle | NT |
| 17 | 855 | Gerber, Michelle | 96 | Split City Sonics | NT |
| 18 | 788 | Cakmak, Noelle | 97 | Leduc Track | NT |
| 19 | 641 | Hitchings, Hailey | 97 | Edmonton Harriers | NT |
| 20 | 640 | Hitchings, Diane | 97 | Edmonton Harriers | NT |
| 21 | 665 | Wickware, Jessica | 96 | Edmonton Harriers | NT |
| 22 | 645 | Leggatt, Hannah | 96 | Edmonton Harriers | NT |
| 23 | 587 | O'Brien, Chase | 96 | Caltaf Athle | NT |
| 24 | 591 | Stack, Teaghan | 97 | Caltaf Athle | NT |
| 25 | 623 | Basher, Erin | 97 | Edmonton Harriers | NT |
| 26 | 693 | Dillon, Cayle | 97 | Edmonton Oly | NT |
| 27 | 713 | Walker, Morgan | 96 | Edmonton Oly | NT |
| 28 | 867 | Christensen, Courtney | 96 | St. Albert T | NT |
| 29 | 882 | Kozuska, Jordan | 97 | St. Albert T | NT |
| 30 | 830 | Laramie, Jocelyn | 97 | Northeast AL | NT |
| 31 | 662 | Sinnatamby, Tiana | 97 | Edmonton Harriers | NT |
| 32 | 694 | Francis, Mattea | 96 | Edmonton Oly | NT |

Event 298 Boys 80 Metre Dash Bantam**Saturday 2009-07-04 - 09:27**

| | Comp# | Name | Year | Team | Seed Time |
|----|--------------|--------------------|-------------|-------------------|------------------|
| 1 | 561 | MacKay, Scott | 96 | Calgary Warriors | 10.70 |
| 2 | 567 | Ross, Graham | 96 | Calgary Warriors | 11.81 |
| 3 | 835 | Mason, Nakoda | 96 | Passtrak | 11.91 |
| 4 | 810 | Ward, Calum | 97 | Leduc Track | 12.79 |
| 5 | 595 | Vogelgesang, Max | 97 | Caltaf Athle | 12.82 |
| 6 | 837 | Schuh, Joshua | 97 | Passtrak | NT |
| 7 | 897 | Waselenchuk, Seth | 96 | St. Albert T | NT |
| 8 | 876 | Graunke, Cole | 97 | St. Albert T | NT |
| 9 | 864 | Breda, Cole | 97 | St. Albert T | NT |
| 10 | 530 | Colquhoun, Kahleil | 97 | Calgary Spartans | NT |
| 11 | 764 | Michael, Brandon | 97 | Edmonton Thunder | NT |
| 12 | 700 | Huber, Nicholas | 96 | Edmonton Oly | NT |
| 13 | 630 | Drever, Callum | 97 | Edmonton Harriers | NT |
| 14 | 848 | Posyluzny, Brayden | 97 | Red Deer Titans | NT |
| 15 | 688 | Caufield, Adam | 96 | Edmonton Oly | NT |
| 16 | 576 | Foster, Eric | 96 | Caltaf Athle | NT |
| 17 | 594 | Thuna, Sean | 97 | Caltaf Athle | NT |
| 18 | 872 | Dobbins, Joshua | 96 | St. Albert T | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 298 ... (Boys 80 Metre Dash Bantam)**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------|-----------|
| 19 | 868 Cuciz, Nicholas | 97 | St. Albert T | NT |
| 20 | 894 Thorsley, Tyler | 96 | St. Albert T | NT |
| 21 | 705 Parks, Corey | 96 | Edmonton Oly | NT |
| 22 | 698 Harriott, Tyree | 97 | Edmonton Oly | NT |

Event 96 Women 5000 Metre Race Walk Open

Saturday 2009-07-04 - 09:36

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------|-----------|
| 1 | 717 Farnesi, Carla | 86 | Edm Racewalk | 30:03.00 |

Event 89 Women 5000 Metre Race Walk Master 35-49

Saturday 2009-07-04 - 09:36

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------------------|------|--------------|-----------|
| 1 | 721 Wilson, Hope | 64 | Edm Racewalk | 30:33.00 |
| 2 | 718 Hulley, Elizabeth | 63 | Edm Racewalk | 31:00.00 |
| 3 | 787 Rodrigue-Poscente, Michelle | 59 | Heartland RA | 31:30.00 |

Event 90 Women 5000 Metre Race Walk Master 50-64

Saturday 2009-07-04 - 09:36

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|--------------|-----------|
| 1 | 499 Donkers, Tina | 56 | Adrenaline R | 32:30.00 |

Event 92 Men 5000 Metre Race Walk Master 35-49

Saturday 2009-07-04 - 10:10

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------|------|--------------|-----------|
| 1 | 715 Bodet, Glen | 61 | Edm Racewalk | 26:00.00 |
| 2 | 720 Loew, Deon | 60 | Edm Racewalk | 35:00.00 |

Event 93 Men 5000 Metre Race Walk Master 50-64

Saturday 2009-07-04 - 10:10

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------------|-----------|
| 1 | 786 Keenan, Dave | 57 | Heartland RA | 25:30.00 |
| 2 | 719 Landry, Malcolm | 49 | Edm Racewalk | 26:00.00 |
| 3 | 716 Davis, Gary | 54 | Edm Racewalk | 33:11.00 |
| 4 | 965 Crouse, Nolan | 53 | Unattached Alberta | 34:00.00 |

Event 94 Men 5000 Metre Race Walk Master 65+

Saturday 2009-07-04 - 10:10

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 682 Roberts, Richard | 42 | Edmonton Masters | 33:48.00 |

Event 327 Heptathlon: #1 Women 100 Metre Hurdles Junior

Saturday 2009-07-04 - 10:40

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 1 | 856 Gillett, Jaynell | 90 | Split City Sonics | NT |

Event 330 Octathlon: #1 Men 100 Metre Dash Youth

Saturday 2009-07-04 - 10:46

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------|-----------|
| 1 | 914 Clews, Alexander | 92 | U OF C Athle | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 334 Decathlon: #1 Men 100 Metre Dash Master 50-64**

Saturday 2009-07-04 - 10:46

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|------------------|-----------|
| 1 | 673 Judson, Fred | 45 | Edmonton Masters | NT |

Event 1 Women 100 Metre Dash Midget Prelims

Saturday 2009-07-04 - 10:49

Prov. Record: 12.00 1980-08-12 Jillian Richardson (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|-------------------|-----------|
| 1 | 560 Mackay, Megan | 94 | Calgary Warriors | 13.00 |
| 2 | 551 Bartel, Teya | 94 | Calgary Warriors | 13.12 |
| 3 | 543 Roth, Emily | 94 | Calgary Spartans | 13.92 |
| 4 | 939 McCowan, Jacqueline | 95 | U OF C Athle | 13.93 |
| 5 | 562 Maylan, Ashley | 95 | Calgary Warriors | 13.98 |
| 6 | 708 Rosery, Jonelle | 95 | Edmonton Oly | 15.10 |
| 7 | 531 Cosman, Lauren | 95 | Calgary Spartans | 15.30 |
| 8 | 854 Gerber, Lizette | 94 | Split City Sonics | NT |
| 9 | 857 Grannum, Jazmine | 94 | Split City Sonics | NT |
| 10 | 890 Ratzlaff, Brooklynn | 95 | St. Albert T | NT |
| 11 | 880 Hodge, Jordan | 95 | St. Albert T | NT |
| 12 | 851 Sorensen, Kendra | 95 | Red Deer Titans | NT |
| 13 | 888 Nef, Gabriela | 94 | St. Albert T | NT |

Event 8 Men 100 Metre Dash Midget Prelims

Saturday 2009-07-04 - 10:56

Prov. Record: 11.10 2005-06-18 Matthew Crosswhite (90), EH

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------------|------|-------------------|-----------|
| 1 | 724 Kong, Tim | 94 | Edmonton Royals | 11.54 |
| 2 | 616 Roberts, Chris | 94 | Capital City | 11.71 |
| 3 | 707 Rosery, Arden | 95 | Edmonton Oly | 11.86 |
| 4 | 697 Harriott, Ian | 95 | Edmonton Oly | 11.99 |
| 5 | 723 Felipe, John | 94 | Edmonton Royals | 12.02 |
| 6 | 865 Campbell, Aidan | 95 | St. Albert T | 12.83 |
| 7 | 779 Sorensen, Max | 96 | Edmonton Thunder | 13.25 |
| 8 | 597 Yee, Daniel | 94 | Caltaf Athle | 13.30 |
| 9 | 772 Schellenberg, Florian | 95 | Edmonton Thunder | 13.42 |
| 10 | 745 Mpindou, Kenny | 94 | Edmonton Spr | 13.50 |
| 11 | 528 Caouette, Henry | 95 | Calgary Spartans | 14.10 |
| 12 | 885 McIver, Braden | 95 | St. Albert T | NT |
| 13 | 887 Meronyk, Nick | 94 | St. Albert T | NT |
| 14 | 843 Braden, Andrew | 95 | Red Deer Titans | NT |
| 15 | 850 Seguin, Cole | 95 | Red Deer Titans | NT |
| 16 | 842 Bettac, Sean | 94 | Red Deer Titans | NT |
| 17 | 537 Jolicoeur, Simon-Daniel | 94 | Calgary Spartans | NT |
| 18 | 866 Chalaturnyk, Jonathan | 95 | St. Albert T | NT |
| 19 | 638 Henriquez, Fernando | 94 | Edmonton Harriers | NT |

Event 2 Women 100 Metre Dash Youth Prelims

Saturday 2009-07-04 - 11:06

Prov. Record: 11.76 1997-08-18 Atia Weekes (80), CITC

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|------------------|-----------|
| 1 | 756 Fofanah, Isatu | 93 | Edmonton Thunder | 12.28 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 2 ... (Women 100 Metre Dash Youth Prelims)**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|-------------------|-----------|
| 2 | 689 Clarke, Stephanie | 93 | Edmonton Oly | 12.31 |
| 3 | 821 Miller, Lacey | 92 | Lethbridge T | 12.50 |
| 4 | 690 Clonfero, Daniella | 93 | Edmonton Oly | 12.73 |
| 5 | 839 Hensel, Mariah | 93 | Premiere Tra | 12.84 |
| 6 | 696 Guinchard, Jade | 93 | Edmonton Oly | 12.98 |
| 7 | 648 Ntiamoah, Amanda | 92 | Edmonton Harriers | 13.00 |
| 8 | 841 Menlyk, Jocelyn | 93 | Premiere Tra | 13.20 |
| 9 | 605 Downie, Jessica | 92 | Capital City | 13.22 |
| 10 | 801 Price, Rebecca | 93 | Leduc Track | 13.40 |
| 11 | 823 Pommen, Courtney | 92 | Lethbridge T | 13.50 |
| 12 | 574 Bymoen, Katelyn | 92 | Caltaf Athle | 13.86 |
| 13 | 579 Heinrichs, Katherine | 92 | Caltaf Athle | 13.90 |
| 14 | 532 Cosman, Miranda | 92 | Calgary Spartans | 13.96 |
| 15 | 691 Colville, Brittany | 92 | Edmonton Oly | NT |
| 16 | 861 Springer, Jaimee | 92 | Split City Sonics | NT |
| 17 | 859 Nerbas, Joelle | 93 | Split City Sonics | NT |

Event 9 Men 100 Metre Dash Youth Prelims

Saturday 2009-07-04 - 11:17

Prov. Record: 10.55 1987-08-14 Brad McCuaig (70), OKO

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 586 McKay, Ryan | 93 | Caltaf Athle | 11.07 |
| 2 | 735 Kamara, Alfred | 92 | Edmonton Spr | 11.35 |
| 3 | 930 Izat, Josh | 92 | U OF C Athle | 11.41 |
| 4 | 741 Mantuila, Leonardo | 93 | Edmonton Spr | 11.50 |
| 5 | 739 Lacan, Josephus | 93 | Edmonton Spr | 11.50 |
| 6 | 609 Golka, Ryan | 93 | Capital City | 11.68 |
| 7 | 514 Seib, Michael | 93 | Calgary Olym | 11.82 |
| 8 | 943 Murphy, Kevin | 93 | U OF C Athle | 11.86 |
| 9 | 725 Lai, Andy | 93 | Edmonton Royals | 11.87 |
| 10 | 738 Kasamba, Gervais | 93 | Edmonton Spr | 11.87 |
| 11 | 824 Whitehead, Darius | 93 | Lethbridge T | 12.40 |
| 12 | 512 Kunysz, Matthew | 93 | Calgary Olym | 12.56 |
| 13 | 649 Ohrt, Shane | 93 | Edmonton Harriers | NT |
| 14 | 652 Pho, Calvin | 93 | Edmonton Harriers | NT |
| 15 | 941 McKercher, Ross | 93 | U OF C Athle | NT |

Event 3 Women 100 Metre Dash Junior Prelims

Saturday 2009-07-04 - 11:24

Prov. Record: 11.76 1997-08-18 Atia Weekes (80), CITC

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|-------------------|-----------|
| 1 | 817 Laarman, Loudia | 91 | Lethbridge T | 11.80 |
| 2 | 612 Hurrel, Karlene | 90 | Capital City | 12.14 |
| 3 | 784 Margetts, Merissa | 91 | Excel Athletika | 12.54 |
| 4 | 953 Stephenson, Kimberly | 91 | U OF C Athle | 12.72 |
| 5 | 646 McCaffrey, Kathryn | 90 | Edmonton Harriers | 12.73 |
| 6 | 923 Foggo, Richina | 90 | U OF C Athle | 12.85 |
| 7 | 619 Visser, Amy | 91 | Capital City | 13.12 |
| 8 | 844 Coupal, Breann | 90 | Red Deer Titans | NT |
| 9 | 692 Dhanani, Zakiya | 91 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 3 ... (Women 100 Metre Dash Junior Prelims)**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|-------------------|-----------|
| 10 | 656 Rintoul, Jenny | 90 | Edmonton Harriers | NT |

Event 10 Men 100 Metre Dash Junior Prelims

Saturday 2009-07-04 - 11:31

Prov. Record: 10.55 1987-08-14 Brad McCuaig (70), OKO

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 1 | 504 Haynes, Akeem | 92 | Calgary Inte | 10.59 |
| 2 | 744 McPhee, Stephen | 91 | Edmonton Spr | 11.01 |
| 3 | 733 Fernuik, Taylor | 90 | Edmonton Spr | 11.06 |
| 4 | 840 Lem, Sean | 91 | Premiere Tra | 11.09 |
| 5 | 608 Gelowitz, Mason | 91 | Capital City | 11.16 |
| 6 | 699 Hastings, Alex | 90 | Edmonton Oly | 11.17 |
| 7 | 748 Torresan, Mason | 91 | Edmonton Spr | 11.19 |
| 8 | 931 Johnston, Trent | 90 | U OF C Athle | 11.37 |
| 9 | 958 Watson, Marcus | 92 | U OF C Athle | 11.57 |
| 10 | 510 Gosselin, Jeremy | 91 | Calgary Olym | 11.69 |
| 11 | 511 Krolkowski, Maciek | 91 | Calgary Olym | 11.85 |
| 12 | 600 Aasberg, Matt | 91 | Capital City | 11.87 |
| 13 | 918 Dossou, Dodzi | 91 | U OF C Athle | 11.87 |
| 14 | 615 Riley, James | 91 | Capital City | 11.98 |
| 15 | 563 McQueen, Alister | 91 | Calgary Warriors | 12.21 |

Event 4 Women 100 Metre Dash Open Prelims

Saturday 2009-07-04 - 11:38

Prov. Record: 11.37 1989-07-14 Esmie Lawrence, CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 701 Khan, Janelle | 86 | Edmonton Oly | 12.22 |
| 2 | 710 Smith, Courtney | 89 | Edmonton Oly | 12.31 |
| 3 | 502 Dion, Rachelle | 85 | Calgary Inte | 12.39 |
| 4 | 603 Bushie, Christine | 89 | Capital City | 12.48 |
| 5 | 959 Webster, Robyn | 88 | U OF C Athle | 12.56 |
| 6 | 613 Kassian, Claire | 88 | Capital City | 13.20 |
| 7 | 611 Holloway, Ashley | 89 | Capital City | 13.26 |
| 8 | 607 Fedorus, Jaclyn | 88 | Capital City | 13.95 |
| 9 | 606 Edwards, Amy | 89 | Capital City | 14.00 |
| 10 | 620 Wellwood, Leanna | 85 | Capital City | NT |
| 11 | 853 Breland, Melissa | 89 | Split City Sonics | NT |

Event 11 Men 100 Metre Dash Open Prelims

Saturday 2009-07-04 - 11:45

Prov. Record: 10.10 1998-07-07 Brad McCuaig (70), CITC

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-----------------|-----------|
| 1 | 617 Rosenke, Adam | 84 | Capital City | 10.71 |
| 2 | 614 Reddy, Julian | 88 | Capital City | 10.91 |
| 3 | 604 Charles, Ricardo | 88 | Capital City | 10.95 |
| 4 | 722 Ebrado, Elizar | 88 | Edmonton Royals | 11.00 |
| 5 | 618 Rosenke, Dan | 84 | Capital City | 11.02 |
| 6 | 742 Marcus, Yemi | 87 | Edmonton Spr | 11.30 |
| 7 | 589 Rynn, Isaac | 89 | Caltaf Athle | 11.30 |
| 8 | 911 Bury-Jones, Stuart | 89 | U OF C Athle | 11.66 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 11 ... (Men 100 Metre Dash Open Prelims)**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 9 | 523 Baerg, Mark | 87 | Calgary Spartans | 12.13 |
| 10 | 534 Gallimore, Richard | 89 | Calgary Spartans | 12.32 |
| 11 | 706 Peynado, Doron | 84 | Edmonton Oly | NT |

**Event 301 Girls 600 Metre Run Pee wee
Saturday 2009-07-04 - 11:52**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|--------------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 2:08.50 |
| 2 | 862 Anderson, Alexis | 98 | St. Albert T | NT |
| 3 | 870 Curle, Madelyn | 99 | St. Albert T | NT |
| 4 | 797 Melvie, Taylor | 99 | Leduc Track | NT |
| 5 | 900 Young, Sara | 00 | St. Albert T | NT |
| 6 | 878 Groenenboom, Haley | 98 | St. Albert T | NT |
| 7 | 899 Young, Naomi | 98 | St. Albert T | NT |
| 8 | 774 Shah, Haleemah | 99 | Edmonton Thunder | NT |
| 9 | 775 Shah, Summayyah | 99 | Edmonton Thunder | NT |
| 10 | 971 Hik, Felicity | 99 | Unattached Alberta | NT |
| 11 | 763 Michael, Andrea | 99 | Edmonton Thunder | NT |
| 12 | 790 Cardinal, Raven | 01 | Leduc Track | NT |
| 13 | 791 Cardinal, Shyann | 99 | Leduc Track | NT |
| 14 | 799 Parmar, Aliya | 00 | Leduc Track | NT |
| 15 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | NT |
| 16 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | NT |
| 17 | 577 Foster, Rhea | 98 | Caltaf Athle | NT |
| 18 | 969 Hall, Yasmine | 98 | Unattached Alberta | NT |
| 19 | 584 Martin, Alison | 99 | Caltaf Athle | NT |
| 20 | 846 McKain, Kassi | 98 | Red Deer Titans | NT |
| 21 | 875 Gorgichuk, Hannah | 98 | St. Albert T | NT |
| 22 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | NT |
| 23 | 871 De La Mare, Sydney | 98 | St. Albert T | NT |
| 24 | 647 McGill, Sidney | 99 | Edmonton Harriers | NT |
| 25 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | NT |
| 26 | 687 Brown, Kiara | 99 | Edmonton Oly | NT |

**Event 302 Boys 600 Metre Run Pee wee
Saturday 2009-07-04 - 11:59**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 804 Setter, Dustin | 98 | Leduc Track | 2:00.53 |
| 2 | 828 Laramée, Christian | 99 | Northeast AL | 2:09.21 |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | NT |
| 4 | 781 Wafer, Mathew | 99 | Edmonton Thunder | NT |
| 5 | 664 Wickware, Brett | 98 | Edmonton Harriers | NT |
| 6 | 896 Waselenchuk, Quinn | 98 | St. Albert T | NT |

Event 104 Women 100 Metre Hurdles 0.76m/8.5m Youth Prelims

Saturday 2009-07-04 - 12:02

Prov. Record: 14.25 2004-07-15 Heather Bergland (87), EH

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|--------------|-----------|
| 1 | 704 Oudenaarden, Niki | 94 | Edmonton Oly | 16.21 |
| 2 | 696 Guinchard, Jade | 93 | Edmonton Oly | 16.24 |

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| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 3 | 574 Bymoen, Katelyn | 92 | Caltaf Athle | 16.50 |
| 4 | 920 Edwards, Nicole | 92 | U OF C Athle | 16.72 |
| 5 | 582 Lissel, Kayla | 92 | Caltaf Athle | 16.84 |
| 6 | 823 Pommen, Courtney | 92 | Lethbridge T | 17.60 |
| 7 | 625 Bawden, Sarah | 93 | Edmonton Harriers | 18.02 |
| 8 | 801 Price, Rebecca | 93 | Leduc Track | NT |
| 9 | 839 Hensel, Mariah | 93 | Premiere Tra | NT |
| 10 | 841 Menlyk, Jocelyn | 93 | Premiere Tra | NT |

Event 111 Men 110 Metre Hurdles 0.91m/9.14m Youth

Saturday 2009-07-04 - 12:56

Prov. Record: 14.77 2002-08-17 Dan Payne (85), RMR

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|-----------------|-----------|
| 1 | 702 King, Garrett | 93 | Edmonton Oly | 15.38 |
| 2 | 730 Castillo, Diego | 92 | Edmonton Spr | 15.60 |
| 3 | 590 Smith, Alex | 93 | Caltaf Athle | 15.60 |
| 4 | 925 Goodwin, Lyndon | 92 | U OF C Athle | NT |
| 5 | 724 Kong, Tim | 94 | Edmonton Royals | NT |

Event 112 Men 110 Metre Hurdles 0.99m/9.14m Junior

Saturday 2009-07-04 - 13:02

Prov. Record: 14.53 2004-06-30 Dan Payne (85), RMR

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|------------------|-----------|
| 1 | 571 South, Garrett | 90 | Calgary Warriors | 15.85 |
| 2 | 934 Little, Zachary | 90 | U OF C Athle | 15.93 |
| 3 | 615 Riley, James | 91 | Capital City | NT |
| 4 | 955 Thomas, Craig | 90 | U OF C Athle | NT |

Event 114 Men 110 Metre Hurdles Open Prelims

Saturday 2009-07-04 - 13:02

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------------|-----------|
| 1 | 972 Hinton, Jackson | 81 | Unattached Alberta | NT |

Event 108 Men 100 Metre Hurdles 0.84m/16m Master 50-64

Saturday 2009-07-04 - 13:08

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|------------------|-----------|
| 1 | 672 Jeske, Wolfgang | 54 | Edmonton Masters | 19.99 |

Event 106 Women 100 Metre Hurdles 0.84m/8.5m Junior

Saturday 2009-07-04 - 13:14

Prov. Record: 13.97 1999-07-10 Angela Whyte (80), UNA

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 646 McCaffrey, Kathryn | 90 | Edmonton Harriers | 14.93 |
| 2 | 559 MacEachen, Jill | 91 | Calgary Warriors | 15.13 |
| 3 | 942 Morris, Tomi | 91 | U OF C Athle | 16.03 |
| 4 | 949 Roberts, Marissa | 90 | U OF C Athle | 16.41 |
| 5 | 947 Ridout, Paige | 92 | U OF C Athle | 16.50 |
| 6 | 541 Liu, Bonnie | 91 | Calgary Spartans | 17.50 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 107 Women 100 Metre Hurdles 0.84m/8.5m Open**

Saturday 2009-07-04 - 13:20

Prov. Record: 12.63 2007-05-20 Angela Whyte (80), UNA

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 1 | 714 Wilkes, Courtney | 89 | Edmonton Oly | 15.28 |
| 2 | 853 Breland, Melissa | 89 | Split City Sonics | NT |

Event 102 Women 80 Metre Hurdles .76m/7m Master 50-64

Saturday 2009-07-04 - 13:32

W50-59

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 1 | 540 Lauirdsen, Susanne | 58 | Calgary Spartans | NT |

Event 327 Heptathlon: #4 Women 200 Metre Run Junior

Saturday 2009-07-04 - 13:38

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 1 | 856 Gillett, Jaynell | 90 | Split City Sonics | NT |

Event 303 Girls 800 Metre Run Bantam

Saturday 2009-07-04 - 13:41

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 806 Smallwood, Natasha | 96 | Leduc Track | 2:23.08 |
| 2 | 533 Dixon, Emma | 97 | Calgary Spartans | 2:32.00 |
| 3 | 793 Flint, Devin | 96 | Leduc Track | 2:34.92 |
| 4 | 587 O'Brien, Chase | 96 | Caltaf Athle | 2:35.39 |
| 5 | 526 Burk, Alexandra | 97 | Calgary Spartans | 2:45.00 |
| 6 | 836 Mitchell, Brittany | 97 | Passtrak | 2:50.00 |
| 7 | 585 Martin, Emma | 97 | Caltaf Athle | 2:54.15 |
| 8 | 830 Laramee, Jocelyn | 97 | Northeast AL | 2:59.73 |
| 9 | 623 Basher, Erin | 97 | Edmonton Harriers | 3:03.18 |
| 10 | 598 Yee, Madelaine | 97 | Caltaf Athle | 3:25.00 |
| 11 | 855 Gerber, Michelle | 96 | Split City Sonics | NT |
| 12 | 858 Merth, Jenna | 97 | Split City Sonics | NT |
| 13 | 889 Newton, Kennedy | 97 | St. Albert T | NT |
| 14 | 883 LaBuick, Amy | 96 | St. Albert T | NT |
| 15 | 800 Parmar, Chava | 97 | Leduc Track | NT |
| 16 | 788 Cakmak, Noelle | 97 | Leduc Track | NT |
| 17 | 578 Glover, Anna | 97 | Caltaf Athle | NT |
| 18 | 665 Wickware, Jessica | 96 | Edmonton Harriers | NT |
| 19 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | NT |
| 20 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | NT |
| 21 | 640 Hitchings, Diane | 97 | Edmonton Harriers | NT |
| 22 | 591 Stack, Teaghan | 97 | Caltaf Athle | NT |
| 23 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | NT |
| 24 | 693 Dillon, Cayle | 97 | Edmonton Oly | NT |
| 25 | 713 Walker, Morgan | 96 | Edmonton Oly | NT |
| 26 | 877 Groenenboom, Emily | 96 | St. Albert T | NT |
| 27 | 694 Francis, Mattea | 96 | Edmonton Oly | NT |
| 28 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 304 Boys 800 Metre Run Bantam
Saturday 2009-07-04 - 13:51**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 549 Westaway, Callum | 97 | Calgary Spartans | 2:26.00 |
| 2 | 561 MacKay, Scott | 96 | Calgary Warriors | 2:32.31 |
| 3 | 567 Ross, Graham | 96 | Calgary Warriors | 2:32.97 |
| 4 | 835 Mason, Nakoda | 96 | Passtrak | 2:34.00 |
| 5 | 837 Schuh, Joshua | 97 | Passtrak | 2:46.00 |
| 6 | 810 Ward, Calum | 97 | Leduc Track | 2:49.00 |
| 7 | 595 Vogelgesang, Max | 97 | Caltaf Athle | 2:53.62 |
| 8 | 594 Thuna, Sean | 97 | Caltaf Athle | 3:11.00 |
| 9 | 576 Foster, Eric | 96 | Caltaf Athle | 4:02.64 |
| 10 | 700 Huber, Nicholas | 96 | Edmonton Oly | NT |
| 11 | 864 Breda, Cole | 97 | St. Albert T | NT |
| 12 | 530 Colquhoun, Kahleil | 97 | Calgary Spartans | NT |
| 13 | 764 Michael, Brandon | 97 | Edmonton Thunder | NT |
| 14 | 705 Parks, Corey | 96 | Edmonton Oly | NT |
| 15 | 688 Caufield, Adam | 96 | Edmonton Oly | NT |
| 16 | 698 Harriott, Tyree | 97 | Edmonton Oly | NT |
| 17 | 630 Drever, Callum | 97 | Edmonton Harriers | NT |
| 18 | 650 Penner, Isaac | 96 | Edmonton Harriers | NT |
| 19 | 897 Waselenchuk, Seth | 96 | St. Albert T | NT |
| 20 | 876 Graunke, Cole | 97 | St. Albert T | NT |
| 21 | 872 Dobbins, Joshua | 96 | St. Albert T | NT |
| 22 | 894 Thorsley, Tyler | 96 | St. Albert T | NT |

**Event 5 Women 100 Metre Dash Master 35-49
Saturday 2009-07-04 - 14:06**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|------------------|-----------|
| 1 | 838 Dube, Winneth | 72 | Premiere Tra | 11.60 |
| 2 | 544 Schoenthaler, Sheryl | 64 | Calgary Spartans | 13.94 |

**Event 6 Women 100 Metre Dash Master 50-64
Saturday 2009-07-04 - 14:06**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|------------------|-----------|
| 1 | 527 Burnett, Evelyn | 58 | Calgary Spartans | 14.21 |
| 2 | 680 Nutting, Jan | 53 | Edmonton Masters | 15.62 |
| 3 | 506 Strother, Sue Vella | 59 | Calgary Inte | NT |

**Event 7 Women 100 Metre Dash Master 65+
Saturday 2009-07-04 - 14:06**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 916 Dargie, Betty | 42 | U OF C Athle | 15.42 |
| 2 | 670 Hopchin, Maria | 44 | Edmonton Masters | 16.50 |
| 3 | 676 McQuarrie, Betty | 28 | Edmonton Masters | 22.00 |

**Event 12 Men 100 Metre Dash Master 35-49
Saturday 2009-07-04 - 14:10**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|-------------------|-----------|
| 1 | 632 Francois, Andre | 65 | Edmonton Harriers | 11.30 |
| 2 | 535 Harris, Brian | 70 | Calgary Spartans | 12.39 |
| 3 | 667 Black, Murray | 59 | Edmonton Masters | 12.50 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 12 ... (Men 100 Metre Dash Master 35-49)**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|--------------------|-----------|
| 4 | 542 Meyers, Darcy | 62 | Calgary Spartans | 13.40 |
| 5 | 964 Bennett, Garfield | 64 | Unattached Alberta | NT |
| 6 | 849 Posyluzny, Darren | 68 | Red Deer Titans | NT |

**Event 13 Men 100 Metre Dash Master 50-64
Saturday 2009-07-04 - 14:10**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|------------------|-----------|
| 1 | 672 Jeske, Wolfgang | 54 | Edmonton Masters | 12.30 |
| 2 | 678 Mintz, Bruce | 46 | Edmonton Masters | 13.80 |
| 3 | 674 Kelly, Douglas | 45 | Edmonton Masters | NT |

**Event 14 Men 100 Metre Dash Master 65+
Saturday 2009-07-04 - 14:10**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------------|-----------|
| 1 | 671 Hurst, Bernie | 40 | Edmonton Masters | 14.00 |
| 2 | 977 McCune, Derek | 44 | Unattached Alberta | 14.30 |
| 3 | 669 Green, Charles | 38 | Edmonton Masters | 14.30 |
| 4 | 683 Swane, Dwight | 44 | Edmonton Masters | 14.40 |
| 5 | 668 Dunn, Dave | 36 | Edmonton Masters | 14.40 |
| 6 | 679 Nett, Arnold | 32 | Edmonton Masters | 15.50 |

**Event 330 Octathlon: #4 Men 400 Metre Run Youth
Saturday 2009-07-04 - 14:45**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------|-----------|
| 1 | 914 Clews, Alexander | 92 | U OF C Athle | NT |

**Event 334 Decathlon: #5 Men 400 Metre Run Master 50-64
Saturday 2009-07-04 - 14:45**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|------------------|-----------|
| 1 | 673 Judson, Fred | 45 | Edmonton Masters | NT |

**Event 29 Women 400 Metre Dash Midget
Saturday 2009-07-04 - 14:54**

Prov. Record: 53.50 1987-07-18 Cheryl Allan (72), EOC

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 1 | 807 Taylor, Jordan | 95 | Leduc Track | 1:06.46 |
| 2 | 633 Francois, Hayley | 95 | Edmonton Harriers | 1:07.00 |
| 3 | 684 Ali, Mackenzie | 94 | Edmonton Oly | 1:07.35 |
| 4 | 889 Newton, Kennedy | 97 | St. Albert T | NT |

**Event 34 Women 400 Metre Dash Master 50-64
Saturday 2009-07-04 - 14:54**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|-------------------|-----------|
| 1 | 634 Francois, Julie | 58 | Edmonton Harriers | 1:05.00 |
| 2 | 506 Strother, Sue Vella | 59 | Calgary Inte | NT |

**Event 30 Women 400 Metre Dash Youth
Saturday 2009-07-04 - 14:58**

Prov. Record: 52.95 1981-08-26 Jullian Richardson (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 929 Hunter, Jackie | 92 | U OF C Athle | 57.45 |
| 2 | 777 Soderberg, Nicole | 92 | Edmonton Thunder | 57.45 |
| 3 | 761 Lemphers, Tayllor | 93 | Edmonton Thunder | 58.52 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 30 ... (Women 400 Metre Dash Youth)**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|-------------------|-----------|
| 4 | 690 Clonfero, Daniella | 93 | Edmonton Oly | 58.66 |
| 5 | 703 Mentanko, Jenn | 92 | Edmonton Oly | 59.38 |
| 6 | 962 Dell, Caitlin | 92 | Unattached | 1:01.90 |
| 7 | 628 Crackston, Shelby | 92 | Edmonton Harriers | 1:02.97 |
| 8 | 558 Humble, Shaina | 92 | Calgary Warriors | 1:03.75 |
| 9 | 658 Robertson, Alexandra | 92 | Edmonton Harriers | 1:04.00 |
| 10 | 596 Wood, Hannah | 92 | Caltaf Athle | 1:04.00 |
| 11 | 568 Ross, Kelsey | 93 | Calgary Warriors | 1:05.46 |
| 12 | 521 Andruko, Jocelyn | 93 | Calgary Spartans | 1:06.00 |
| 13 | 599 Yee, Rachel | 92 | Caltaf Athle | 1:08.50 |
| 14 | 657 Rintoul, Sarah | 93 | Edmonton Harriers | NT |
| 15 | 814 Gieske, Jenelle | 93 | Lethbridge T | NT |

Event 31 Women 400 Metre Dash Junior

Saturday 2009-07-04 - 15:06

Prov. Record: 51.91 1983-07-26 Jillian Richardson (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 753 Degaust, Hayley | 90 | Edmonton Thunder | 54.00 |
| 2 | 825 Watson, Sage | 94 | Panthers | 55.38 |
| 3 | 538 Kendall, Danielle | 90 | Calgary Spartans | 56.09 |
| 4 | 508 Bauer, Nicole | 93 | Calgary Olym | 56.75 |
| 5 | 635 Francois, Rachel | 91 | Edmonton Harriers | 57.40 |
| 6 | 621 Wilson, Ally | 91 | Capital City | 57.98 |
| 7 | 547 Stark, Heather | 90 | Calgary Spartans | 58.00 |
| 8 | 572 Barlow, Nikki | 90 | Caltaf Athle | 58.00 |
| 9 | 740 Maclise, Kirklin | 91 | Edmonton Spr | 59.60 |
| 10 | 780 Terlecki, Amelia | 91 | Edmonton Thunder | 1:00.00 |
| 11 | 783 Davis, Tennille | 90 | Excel Athletika | NT |

Event 32 Women 400 Metre Dash Open

Saturday 2009-07-04 - 15:14

Prov. Record: 49.91 1988-07-25 Jillian Richardson (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------------|-----------|
| 1 | 503 Gray, Tessa | 83 | Calgary Inte | 56.50 |
| 2 | 980 Nagazina, Dawn | 87 | Unattached Alberta | 57.54 |
| 3 | 935 Lotwin, Kelsey | 89 | U OF C Athle | 57.89 |
| 4 | 570 Simonson, Kayti | 89 | Calgary Warriors | 58.25 |
| 5 | 611 Holloway, Ashley | 89 | Capital City | 1:00.61 |

Event 36 Men 400 Metre Dash Midget

Saturday 2009-07-04 - 15:18

Prov. Record: 50.61 1987-07-12 John Dumont (70), STA

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------------|------|------------------|-----------|
| 1 | 616 Roberts, Chris | 94 | Capital City | 53.18 |
| 2 | 501 Desautels, Kristianne | 94 | Calgary Inte | 53.50 |
| 3 | 546 Smith, Keyvan | 94 | Calgary Spartans | 54.56 |
| 4 | 553 Brideson, Matthew | 94 | Calgary Warriors | 55.91 |
| 5 | 944 Nerland, Dale | 94 | U OF C Athle | 56.21 |
| 6 | 569 Sands, Paul | 94 | Calgary Warriors | 56.72 |
| 7 | 827 Dubeau, Marc | 94 | Northeast AL | 58.50 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 36 ... (Men 400 Metre Dash Midget)**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 8 | 746 Mpindou, Kevin | 94 | Edmonton Spr | 59.80 |
| 9 | 865 Campbell, Aidan | 95 | St. Albert T | 59.82 |
| 10 | 736 Kapongo, Landry | 94 | Edmonton Spr | 1:00.07 |
| 11 | 592 Stack, Tynan | 95 | Caltaf Athle | NT |
| 12 | 631 Feltan, Brent | 94 | Edmonton Harriers | NT |
| 13 | 767 Pickering, Cameron | 94 | Edmonton Thunder | NT |
| 14 | 887 Meronyk, Nick | 94 | St. Albert T | NT |
| 15 | 885 McIver, Braden | 95 | St. Albert T | NT |

Event 37 Men 400 Metre Dash Youth**Saturday 2009-07-04 - 15:26****Prov. Record: 48.46 1990-07-23 Dave Anderson (73), CS**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 659 Roesch, Evan | 92 | Edmonton Harriers | 50.60 |
| 2 | 726 Ajugo, Benjamin | 92 | Edmonton Spr | 50.69 |
| 3 | 702 King, Garrett | 93 | Edmonton Oly | 52.23 |
| 4 | 661 Sierko, Kristopher | 93 | Edmonton Harriers | 52.47 |
| 5 | 950 Safton, Ryan | 92 | U OF C Athle | 52.49 |
| 6 | 514 Seib, Michael | 93 | Calgary Olym | 53.48 |
| 7 | 509 Coy, Jesaiah | 93 | Calgary Olym | 54.32 |
| 8 | 819 Manery, Adam | 92 | Lethbridge T | 54.40 |
| 9 | 512 Kunysz, Matthew | 93 | Calgary Olym | 54.72 |
| 10 | 564 Patterson, Doug | 92 | Calgary Warriors | 55.01 |
| 11 | 792 Cusveller, Ryan | 92 | Leduc Track | 56.07 |
| 12 | 768 Rankel, Dominic | 92 | Edmonton Thunder | 57.12 |
| 13 | 831 Lawrence, Alex | 92 | Northeast AL | 59.81 |
| 14 | 602 Andrais, Stephen | 93 | Capital City | 1:01.21 |
| 15 | 644 Kushak, Matthew | 93 | Edmonton Harriers | NT |
| 16 | 860 Penner, Kcoal | 92 | Split City Sonics | NT |

Event 38 Men 400 Metre Dash Junior**Saturday 2009-07-04 - 15:34****Prov. Record: 46.17 2006-07-08 Bryan Barnett (87), CAP**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 1 | 928 Homer, Jeffrey | 90 | U OF C Athle | 49.51 |
| 2 | 728 Blimke, Kevin | 90 | Edmonton Spr | 49.78 |
| 3 | 737 Karakochuk, Mike | 91 | Edmonton Spr | 49.81 |
| 4 | 524 Billings, Forrest | 91 | Calgary Spartans | 50.00 |
| 5 | 937 Mayer, Bastian | 90 | U OF C Athle | 50.21 |
| 6 | 732 Dymond, Justin | 91 | Edmonton Spr | 50.41 |
| 7 | 601 Andrais, Greg | 91 | Capital City | 50.59 |
| 8 | 747 Shadeck, Adrien | 91 | Edmonton Spr | 50.60 |
| 9 | 511 Krolkowski, Maciek | 91 | Calgary Olym | 50.61 |
| 10 | 588 Ratzlaff, Scott | 90 | Caltaf Athle | 50.70 |
| 11 | 685 Altaye, Israel | 90 | Edmonton Oly | 50.90 |
| 12 | 906 Bays, Connor | 90 | U OF C Athle | 50.94 |
| 13 | 909 Breski, Josh | 91 | U OF C Athle | 51.50 |
| 14 | 566 Prajea, Mihai | 91 | Calgary Warriors | 51.56 |
| 15 | 822 Ott, Andrew | 91 | Lethbridge T | 51.80 |
| 16 | 961 Wittig, Luc | 91 | U OF C Athle | 51.91 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 38 ... (Men 400 Metre Dash Junior)**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 17 | 898 Wesolowsky, Drew | 91 | St. Albert T | 53.00 |
| 18 | 510 Gosselin, Jeremy | 91 | Calgary Olym | 53.71 |
| 19 | 555 Freeman, Doug | 91 | Calgary Warriors | 54.89 |
| 20 | 525 Brown, Travis | 90 | Calgary Spartans | 55.00 |
| 21 | 563 McQueen, Alister | 91 | Calgary Warriors | 57.98 |
| 22 | 795 Hill, Landon | 91 | Leduc Track | NT |

Event 39 Men 400 Metre Dash Open

Saturday 2009-07-04 - 15:46

Prov. Record: 44.44 2005-08-12 Tyler Christopher (83), UAAC

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 954 Sumani, Hafeez | 88 | U OF C Athle | 48.37 |
| 2 | 539 Kimick, Evan | 89 | Calgary Spartans | 48.56 |
| 3 | 752 Cocker, Tyler | 84 | Edmonton Thunder | 50.00 |
| 4 | 750 Carroll, Rory | 88 | Edmonton Thunder | 50.00 |
| 5 | 988 Nel, Wynand | 88 | Wapiti Striders | 50.38 |
| 6 | 610 Hayes, Clayton | 88 | Capital City | 51.18 |
| 7 | 957 Wasylyshyn, Adam | 89 | U OF C Athle | 51.71 |
| 8 | 771 Sandhu, Hardeep | 81 | Edmonton Thunder | 52.00 |
| 9 | 589 Rynn, Isaac | 89 | Caltaf Athle | 52.86 |
| 10 | 550 Zatylny, Scott | 86 | Calgary Spartans | 53.00 |
| 11 | 927 Holmes, Tim | 88 | U OF C Athle | 53.57 |

Event 40 Men 400 Metre Dash Master 35-49

Saturday 2009-07-04 - 15:54

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|-------------------|-----------|
| 1 | 655 Quaidoo, Frank | 70 | Edmonton Harriers | 58.00 |

Event 41 Men 400 Metre Dash Master 50-64

Saturday 2009-07-04 - 15:54

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|------------------|-----------|
| 1 | 672 Jeske, Wolfgang | 54 | Edmonton Masters | 59.00 |
| 2 | 678 Mintz, Bruce | 46 | Edmonton Masters | 1:06.00 |

Event 42 Men 400 Metre Dash Master 65+

Saturday 2009-07-04 - 15:54

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------|------|------------------|-----------|
| 1 | 668 Dunn, Dave | 36 | Edmonton Masters | 1:07.00 |

Event 57 Women 1500 Metre Run Midget

Saturday 2009-07-04 - 16:03

Prov. Record: 4:30.0h 1975-07-09 Cathy Homer (58), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------|-----------|
| 1 | 796 Laforge, Riley | 94 | Leduc Track | 4:56.10 |
| 2 | 712 Walker, Mia | 95 | Edmonton Oly | 5:38.60 |
| 3 | 884 Maunder, Adeline | 95 | St. Albert T | NT |
| 4 | 686 Benson, Kendra | 94 | Edmonton Oly | NT |
| 5 | 886 Mercier, Hilary | 94 | St. Albert T | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 61 Women 1500 Metre Run Master 35-49**

Saturday 2009-07-04 - 16:03

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|--------------|-----------|
| 1 | 518 Dixon, Donna | 62 | Calgary Road | 5:11.00 |

Event 58 Women 1500 Metre Run Youth

Saturday 2009-07-04 - 16:11

Prov. Record: 4:26.19 2006-07-22 Jessica O'Connell (89), UCAC

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 520 Anderson, Evelyn | 93 | Calgary Spartans | 4:37.67 |
| 2 | 956 Van Vliet, Jenna | 92 | U OF C Athle | 4:38.00 |
| 3 | 777 Soderberg, Nicole | 92 | Edmonton Thunder | 4:40.00 |
| 4 | 924 Fox, Maria | 93 | U OF C Athle | 4:50.24 |
| 5 | 926 Gould, Rebecca | 93 | U OF C Athle | 4:52.60 |
| 6 | 938 McAvoy, Shannon | 93 | U OF C Athle | 5:00.00 |
| 7 | 552 Bernard, Maria | 93 | Calgary Warriors | 5:05.42 |
| 8 | 575 Chappell, Ellen | 93 | Caltaf Athle | 5:10.00 |
| 9 | 596 Wood, Hannah | 92 | Caltaf Athle | 5:10.00 |
| 10 | 557 Graham, Stephanie | 92 | Calgary Warriors | 5:15.26 |
| 11 | 580 Huang, Katie | 92 | Caltaf Athle | 5:30.00 |
| 12 | 711 Walker, Karin | 93 | Edmonton Oly | 5:59.45 |

Event 59 Women 1500 Metre Run Junior

Saturday 2009-07-04 - 16:19

Prov. Record: 4:20.6h 1980-07-12 Brigit Otto (60), EOC

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|------------------|-----------|
| 1 | 963 Leakos, James | 92 | Unattached | 4:02.00 |
| 2 | 776 Soderberg, Alana | 90 | Edmonton Thunder | 4:31.00 |
| 3 | 753 Degaust, Hayley | 90 | Edmonton Thunder | 4:37.00 |
| 4 | 593 Stockall, Holly | 90 | Caltaf Athle | 4:45.00 |
| 5 | 936 MacDonald, Madeline | 90 | U OF C Athle | 4:48.00 |
| 6 | 581 Kanuka, Gloria | 91 | Caltaf Athle | 4:50.00 |
| 7 | 500 Bolen, Jean | 91 | Calgary Inte | 4:52.00 |
| 8 | 932 Kary, Grace | 91 | U OF C Athle | 4:56.00 |
| 9 | 762 McMaster, Sarah | 90 | Edmonton Thunder | 5:15.00 |

Event 60 Women 1500 Metre Run Open

Saturday 2009-07-04 - 16:19

Prov. Record: 4:07.01 2007-06-02 Malindi Elmore (80), UCAC

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------------|-----------|
| 1 | 980 Nagazina, Dawn | 87 | Unattached Alberta | 4:37.00 |
| 2 | 505 Holman, Carly | 89 | Calgary Inte | 4:50.00 |

Event 64 Men 1500 Metre Run Midget

Saturday 2009-07-04 - 16:27

Prov. Record: 4:01.9h 1983-08-06 Mark Lynch (67), LED

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 912 Charanduk, Matthew | 94 | U OF C Athle | 4:40.00 |
| 2 | 960 Wiley, Bryn | 94 | U OF C Athle | 4:40.00 |
| 3 | 789 Cakmak, Timurlane | 95 | Leduc Track | 4:45.00 |
| 4 | 624 Basher, Mitchell | 95 | Edmonton Harriers | 5:00.21 |
| 5 | 554 Crook, Cody | 95 | Calgary Warriors | 5:24.74 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 64 ... (Men 1500 Metre Run Midget)**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|------------------|-----------|
| 6 | 565 Payne, Stephen | 95 | Calgary Warriors | 5:24.86 |
| 7 | 893 Sperling, Ben | 95 | St. Albert T | NT |
| 8 | 873 Erickson, Boyd | 95 | St. Albert T | NT |
| 9 | 842 Bettac, Sean | 94 | Red Deer Titans | NT |

Event 68 Men 1500 Metre Run Master 35-49**Saturday 2009-07-04 - 16:35**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------------|-----------|
| 1 | 519 Guss, David | 60 | Calgary Road | 4:50.00 |
| 2 | 978 McGrath, Niall | 72 | Unattached Alberta | NT |

Event 69 Men 1500 Metre Run Master 50-64**Saturday 2009-07-04 - 16:35**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|------------------|-----------|
| 1 | 758 Holmes, Bob | 54 | Edmonton Thunder | 4:50.00 |
| 2 | 770 Russell, Cliff | 53 | Edmonton Thunder | 4:50.00 |
| 3 | 773 Secker, Michael | 51 | Edmonton Thunder | 4:55.00 |
| 4 | 677 Milne, Peter | 48 | Edmonton Masters | 6:00.00 |
| 5 | 515 Bickley, Ed | 58 | Calgary Road | NT |

Event 70 Men 1500 Metre Run Master 65+**Saturday 2009-07-04 - 16:35**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 516 Dargie, Barrie | 44 | Calgary Road | 5:08.00 |
| 2 | 675 McFadyen, Robert | 43 | Edmonton Masters | 5:54.14 |
| 3 | 517 Davies, Roger | 35 | Calgary Road | 5:59.00 |

Event 65 Men 1500 Metre Run Youth**Saturday 2009-07-04 - 16:43****Prov. Record: 3:53.46 1984-06-21 Mark Lynch (67), LED**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|--------------------|-----------|
| 1 | 778 Song, Steven | 93 | Edmonton Thunder | 4.40 |
| 2 | 651 Peterson, Cole | 93 | Edmonton Harriers | 4:00.14 |
| 3 | 811 Bocksnick, Jackson | 92 | Lethbridge T | 4:12.50 |
| 4 | 874 Erickson, Kyle | 92 | St. Albert T | 4:20.00 |
| 5 | 816 Hurdle, Chris | 93 | Lethbridge T | 4:29.80 |
| 6 | 556 Galea, Matthew | 93 | Calgary Warriors | 4:37.11 |
| 7 | 979 Medinski, Micah | 93 | Unattached Alberta | 4:40.00 |
| 8 | 798 Opel, Kelyn | 93 | Leduc Track | 4:41.30 |
| 9 | 845 Farries, Nolan | 92 | Red Deer Titans | NT |

Event 66 Men 1500 Metre Run Junior**Saturday 2009-07-04 - 16:51****Prov. Record: 3:46.98 1994-07-30 Jeremy Deere (75), CS**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 803 Robertson, Karl | 91 | Leduc Track | 3:50.80 |
| 2 | 759 Kornelsen, Isaak | 91 | Edmonton Thunder | 3:58.00 |
| 3 | 813 Dorosz, Sam | 90 | Lethbridge T | 4:00.73 |
| 4 | 891 Schiavone, Trevor | 91 | St. Albert T | 4:02.00 |
| 5 | 952 Sportak, Kenton | 91 | U OF C Athle | 4:05.00 |
| 6 | 820 Mangiel, Paul | 91 | Lethbridge T | 4:07.00 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Track****Event 66 ... (Men 1500 Metre Run Junior)**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 7 | 757 Gerke, Garrett | 90 | Edmonton Thunder | 4:12.00 |
| 8 | 809 Ward, Adam | 91 | Leduc Track | 4:13.72 |
| 9 | 627 Carroll, Conor | 90 | Edmonton Harriers | 4:20.00 |
| 10 | 766 Paulitsch, Brett | 90 | Edmonton Thunder | 4:25.00 |
| 11 | 815 Hastings, Kendon | 91 | Lethbridge T | 4:32.00 |

Event 67 Men 1500 Metre Run Open**Saturday 2009-07-04 - 16:59****Prov. Record: 3:41.73 2000-07-29 Jeremy Deere (75), CS**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 769 Roppelt, Brian | 83 | Edmonton Thunder | 3:50.00 |
| 2 | 765 Ostapowich, Jaden | 89 | Edmonton Thunder | 3:50.00 |
| 3 | 751 Carver, Cody | 88 | Edmonton Thunder | 3:56.00 |
| 4 | 782 Weikum, Jamie | 89 | Edmonton Thunder | 3:56.00 |
| 5 | 750 Carroll, Rory | 88 | Edmonton Thunder | 4:00.00 |
| 6 | 921 Elford, Adam | 88 | U OF C Athle | 4:02.00 |
| 7 | 951 Spendiff, Mathew | 89 | U OF C Athle | 4:02.00 |
| 8 | 754 Falk, David | 88 | Edmonton Thunder | 4:12.00 |
| 9 | 755 Fenske, Bryan | 89 | Edmonton Thunder | 5:00.00 |

Event 272 Women 4x100 Metre Relay Junior**Saturday 2009-07-04 - 17:12**

| Comp# | Team | Relay | Seed Time |
|-------|-----------------------|-------|-----------|
| 1 | U OF C Athletics Club | A | NT |

Event 276 Men 4x100 Metre Relay Youth**Saturday 2009-07-04 - 17:18**

| Comp# | Team | Relay | Seed Time |
|-------|---------------------------|-------|-----------|
| 1 | Edmonton Sprint Academy T | A | 45.31 |

Event 277 Men 4x100 Metre Relay Junior**Saturday 2009-07-04 - 17:18**

| Comp# | Team | Relay | Seed Time |
|-------|---|-------------------------|---------------------------|
| 1 | Edmonton Sprint Academy T | A | 43.00 |
| 2 | Calgary Warriors | A | 45.10 |
| 3 | 1) 564 Patterson, Doug 92 2) 571 South, Garrett 90 | 3) 566 Prajea, Mihai 91 | 4) 555 Freeman, Doug 91 |
| 3 | Edmonton Olympic Club | A | NT |
| 4 | Capital City Track Club | A | NT |
| 4 | 1) 600 Aasberg, Matt 91 2) 601 Andrais, Greg 91 | 3) 615 Riley, James 91 | 4) 608 Gelowitz, Mason 91 |
| 5 | U OF C Athletics Club | A | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 313 Girls Long Jump Pee wee
Saturday 2009-07-04 - 09:15**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------------|------|--------------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 2.68m |
| 2 | 862 Anderson, Alexis | 98 | St. Albert T | ND |
| 3 | 791 Cardinal, Shyann | 99 | Leduc Track | ND |
| 4 | 797 Melvie, Taylor | 99 | Leduc Track | ND |
| 5 | 900 Young, Sara | 00 | St. Albert T | ND |
| 6 | 878 Groenenboom, Haley | 98 | St. Albert T | ND |
| 7 | 870 Curle, Madelyn | 99 | St. Albert T | ND |
| 8 | 899 Young, Naomi | 98 | St. Albert T | ND |
| 9 | 763 Michael, Andrea | 99 | Edmonton Thunder | ND |
| 10 | 774 Shah, Haleemah | 99 | Edmonton Thunder | ND |
| 11 | 749 Andruchow, Riley | 99 | Edmonton Thunder | ND |
| 12 | 971 Hik, Felicity | 99 | Unattached Alberta | ND |
| 13 | 799 Parmar, Aliya | 00 | Leduc Track | ND |
| 14 | 790 Cardinal, Raven | 01 | Leduc Track | ND |
| 15 | 775 Shah, Summayyah | 99 | Edmonton Thunder | ND |
| 16 | 637 Hammond, Hannah | 98 | Edmonton Harriers | ND |
| 17 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | ND |
| 18 | 577 Foster, Rhea | 98 | Caltaf Athle | ND |
| 19 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | ND |
| 20 | 969 Hall, Yasmine | 98 | Unattached Alberta | ND |
| 21 | 584 Martin, Alison | 99 | Caltaf Athle | ND |
| 22 | 846 McKain, Kassi | 98 | Red Deer Titans | ND |
| 23 | 863 Bornia, Katie | 98 | St. Albert T | ND |
| 24 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | ND |
| 25 | 871 De La Mare, Sydney | 98 | St. Albert T | ND |
| 26 | 875 Gorgichuk, Hannah | 98 | St. Albert T | ND |
| 27 | 647 McGill, Sidney | 99 | Edmonton Harriers | ND |
| 28 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | ND |
| 29 | 687 Brown, Kiara | 99 | Edmonton Oly | ND |

**Event 314 Boys Long Jump Pee wee
Saturday 2009-07-04 - 10:15**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 804 Setter, Dustin | 98 | Leduc Track | 3.10m |
| 2 | 828 Laramée, Christian | 99 | Northeast AL | 2.93m |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | ND |
| 4 | 781 Wafer, Mathew | 99 | Edmonton Thunder | ND |
| 5 | 664 Wickware, Brett | 98 | Edmonton Harriers | ND |
| 6 | 896 Waselenchuk, Quinn | 98 | St. Albert T | ND |

**Event 181 Men Long Jump Master 35-49
Saturday 2009-07-04 - 10:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|--------------------|-----------|
| 1 | 667 Black, Murray | 59 | Edmonton Masters | 4.75m |
| 2 | 966 Freeman, Sean | 72 | Unattached Alberta | ND |
| 3 | 542 Meyers, Darcy | 62 | Calgary Spartans | ND |
| 4 | 964 Bennett, Garfield | 64 | Unattached Alberta | ND |
| 5 | 895 Walker, Ron | 71 | St. Albert T | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 182 Men Long Jump Master 50-64
Saturday 2009-07-04 - 10:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 678 Mintz, Bruce | 46 | Edmonton Masters | 3.90m |
| 2 | 677 Milne, Peter | 48 | Edmonton Masters | 3.60m |

**Event 183 Men Long Jump Master 65+
Saturday 2009-07-04 - 10:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 675 McFadyen, Robert | 43 | Edmonton Masters | 3.83m |
| 2 | 679 Nett, Arnold | 32 | Edmonton Masters | 3.50m |

**Event 330 Octathlon: #2 Men Long Jump Youth
Saturday 2009-07-04 - 11:45**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 914 Clews, Alexander | 92 | U OF C Athle | ND |

**Event 334 Decathlon: #2 Men Long Jump Master 50-64
Saturday 2009-07-04 - 11:45**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 673 Judson, Fred | 45 | Edmonton Masters | ND |

**Event 178 Men Long Jump Youth
Saturday 2009-07-04 - 11:55****Prov. Record: 6.91m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|--------------------|-----------|
| 1 | 586 McKay, Ryan | 93 | Caltaf Athle | 5.89m |
| 2 | 609 Golka, Ryan | 93 | Capital City | 5.79m |
| 3 | 725 Lai, Andy | 93 | Edmonton Royals | 5.32m |
| 4 | 831 Lawrence, Alex | 92 | Northeast AL | 4.73m |
| 5 | 973 Kinley, George | 92 | Unattached Alberta | ND |
| 6 | 649 Ohrt, Shane | 93 | Edmonton Harriers | ND |

**Event 177 Men Long Jump Midget
Saturday 2009-07-04 - 13:20****Prov. Record: 6.33m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------------|------|------------------|-----------|
| 1 | 724 Kong, Tim | 94 | Edmonton Royals | 5.67m |
| 2 | 827 Dubeau, Marc | 94 | Northeast AL | 5.35m |
| 3 | 723 Felipe, John | 94 | Edmonton Royals | 5.34m |
| 4 | 829 Laramee, Eric | 94 | Northeast AL | 5.14m |
| 5 | 592 Stack, Tynan | 95 | Caltaf Athle | 3.87m |
| 6 | 887 Meronyk, Nick | 94 | St. Albert T | ND |
| 7 | 528 Caouette, Henry | 95 | Calgary Spartans | ND |
| 8 | 866 Chalaturnyk, Jonathan | 95 | St. Albert T | ND |

**Event 179 Men Long Jump Junior
Saturday 2009-07-04 - 14:20****Prov. Record: 7.37m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------|-----------|
| 1 | 744 McPhee, Stephen | 91 | Edmonton Spr | 6.74m |
| 2 | 910 Bromley, Brett | 90 | U OF C Athle | 6.25m |
| 3 | 600 Aasberg, Matt | 91 | Capital City | 6.24m |
| 4 | 931 Johnston, Trent | 90 | U OF C Athle | 6.24m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 179 ... (Men Long Jump Junior)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|--------------|-----------|
| 5 | 922 Eng, Preston | 91 | U OF C Athle | 5.89m |
| 6 | 955 Thomas, Craig | 90 | U OF C Athle | ND |

**Event 171 Women Long Jump Youth
Saturday 2009-07-04 - 15:05**

Prov. Record: 5.86m

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 833 Miller, Julie | 93 | Northeast AL | 4.92m |
| 2 | 573 Bjornstad, Camilla | 92 | Caltaf Athle | 4.43m |
| 3 | 582 Lissel, Kayla | 92 | Caltaf Athle | 4.06m |
| 4 | 859 Nerbas, Joelle | 93 | Split City Sonics | ND |
| 5 | 861 Springer, Jaimee | 92 | Split City Sonics | ND |

**Event 172 Women Long Jump Junior
Saturday 2009-07-04 - 15:45**

Prov. Record: 5.93m

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 646 McCaffrey, Kathryn | 90 | Edmonton Harriers | 5.35m |
| 2 | 559 MacEachen, Jill | 91 | Calgary Warriors | 5.34m |
| 3 | 908 Branford, Iesha | 91 | U OF C Athle | 5.11m |
| 4 | 619 Visser, Amy | 91 | Capital City | 4.98m |
| 5 | 945 Parrish, Danielle | 90 | U OF C Athle | 4.85m |
| 6 | 541 Liu, Bonnie | 91 | Calgary Spartans | ND |

**Event 173 Women Long Jump Open
Saturday 2009-07-04 - 16:30**

Prov. Record: 6.19m

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 946 Pon, Stephanie | 88 | U OF C Athle | 5.03m |
| 2 | 522 Baerg, Karen | 83 | Calgary Spartans | ND |
| 3 | 620 Wellwood, Leanna | 85 | Capital City | ND |
| 4 | 714 Wilkes, Courtney | 89 | Edmonton Oly | ND |

**Event 174 Women Long Jump Master 35-49
Saturday 2009-07-04 - 10:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 536 Jolicoeur, Jovette | 59 | Calgary Spartans | ND |

**Event 175 Women Long Jump Master 50-64
Saturday 2009-07-04 - 10:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 901 Amerongen, Loretta | 53 | U OF A Athle | ND |
| 2 | 540 Lauirdsen, Susanne | 58 | Calgary Spartans | ND |

**Event 180 Men Long Jump Open
Saturday 2009-07-04 - 10:45**

Prov. Record: 7.90m

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|------------------|-----------|
| 1 | 722 Ebrado, Elizar | 88 | Edmonton Royals | 6.54m |
| 2 | 927 Holmes, Tim | 88 | U OF C Athle | ND |
| 3 | 529 Clark, Rhys | 84 | Calgary Spartans | ND |
| 4 | 548 Urbanzyk, Greg | 76 | Calgary Spartans | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 180 ... (Men Long Jump Open)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|-------------------|-----------|
| 5 | 642 Kendrick, Dallas | 85 | Edmonton Harriers | ND |
| 6 | 523 Baerg, Mark | 87 | Calgary Spartans | ND |

**Event 170 Women Long Jump Midget
Saturday 2009-07-04 - 11:30**

Prov. Record: 5.61m

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------------|------|------------------|-----------|
| 1 | 560 Mackay, Megan | 94 | Calgary Warriors | 4.92m |
| 2 | 832 MacDonald, Lindsey | 95 | Northeast AL | 4.12m |
| 3 | 531 Cosman, Lauren | 95 | Calgary Spartans | 3.50m |
| 4 | 880 Hodge, Jordan | 95 | St. Albert T | ND |
| 5 | 890 Ratzlaff, Brooklynn | 95 | St. Albert T | ND |
| 6 | 686 Benson, Kendra | 94 | Edmonton Oly | ND |
| 7 | 851 Sorensen, Kendra | 95 | Red Deer Titans | ND |
| 8 | 888 Nef, Gabriela | 94 | St. Albert T | ND |

**Event 311 Girls High Jump Bantam
Saturday 2009-07-04 - 09:30**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------------|------|-------------------|-----------|
| 1 | 806 Smallwood, Natasha | 96 | Leduc Track | 1.35m |
| 2 | 836 Mitchell, Brittany | 97 | Passtrak | 1.35m |
| 3 | 834 Hendricks, Mason | 96 | Passtrak | 1.30m |
| 4 | 587 O'Brien, Chase | 96 | Caltaf Athle | 1.30m |
| 5 | 533 Dixon, Emma | 97 | Calgary Spartans | 1.25m |
| 6 | 830 Laramée, Jocelyn | 97 | Northeast AL | 1.20m |
| 7 | 793 Flint, Devin | 96 | Leduc Track | 1.20m |
| 8 | 526 Burk, Alexandra | 97 | Calgary Spartans | 1.15m |
| 9 | 598 Yee, Madelaine | 97 | Caltaf Athle | 1.05m |
| 10 | 877 Groenenboom, Emily | 96 | St. Albert T | NH |
| 11 | 889 Newton, Kennedy | 97 | St. Albert T | NH |
| 12 | 881 Jewell, Jenna | 97 | St. Albert T | NH |
| 13 | 869 Curle, Emma | 97 | St. Albert T | NH |
| 14 | 578 Glover, Anna | 97 | Caltaf Athle | NH |
| 15 | 788 Cakmak, Noelle | 97 | Leduc Track | NH |
| 16 | 855 Gerber, Michelle | 96 | Split City Sonics | NH |
| 17 | 858 Merth, Jenna | 97 | Split City Sonics | NH |
| 18 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | NH |
| 19 | 640 Hitchings, Diane | 97 | Edmonton Harriers | NH |
| 20 | 665 Wickware, Jessica | 96 | Edmonton Harriers | NH |
| 21 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | NH |
| 22 | 585 Martin, Emma | 97 | Caltaf Athle | NH |
| 23 | 591 Stack, Teaghan | 97 | Caltaf Athle | NH |
| 24 | 623 Basher, Erin | 97 | Edmonton Harriers | NH |
| 25 | 693 Dillon, Cayle | 97 | Edmonton Oly | NH |
| 26 | 713 Walker, Morgan | 96 | Edmonton Oly | NH |
| 27 | 867 Christensen, Courtney | 96 | St. Albert T | NH |
| 28 | 694 Francis, Mattea | 96 | Edmonton Oly | NH |
| 29 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | NH |
| 30 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | NH |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 327 Heptathlon: #2 Women High Jump Junior**

Saturday 2009-07-04 - 11:05

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|-------------------|-----------|
| 1 | 856 Gillett, Jaynell | 90 | Split City Sonics | NH |

Event 142 Women High Jump Junior

Saturday 2009-07-04 - 11:30

Prov. Record: 1.85m 1989-06-04 Coralea Brown (72), EOC

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 902 MACDONALD, Lindsey | 90 | U OF A Athle | NH |
| 2 | 626 Brady, Brittany | 91 | Edmonton Harriers | NH |

Event 334 Decathlon: #4 Men High Jump Master 50-64

Saturday 2009-07-04 - 13:05

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 673 Judson, Fred | 45 | Edmonton Masters | NH |

Event 141 Women High Jump Youth

Saturday 2009-07-04 - 13:30

Prov. Record: 1.83m 1988-06-27 Coralea Brown (72), EOC

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------|-----------|
| 1 | 802 Richard, Kelsey | 92 | Leduc Track | 1.64m |
| 2 | 832 MacDonald, Lindsey | 95 | Northeast AL | 1.40m |
| 3 | 833 Miller, Julie | 93 | Northeast AL | 1.33m |
| 4 | 814 Gieske, Jenelle | 93 | Lethbridge T | NH |
| 5 | 704 Oudenaarden, Niki | 94 | Edmonton Oly | NH |

Event 145 Women High Jump Master 50-64

Saturday 2009-07-04 - 14:45

W50+

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------|-----------|
| 1 | 901 Amerongen, Loretta | 53 | U OF A Athle | NH |

Event 312 Boys High Jump Bantam

Saturday 2009-07-04 - 10:55

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 835 Mason, Nakoda | 96 | Passtrak | 1.50m |
| 2 | 561 MacKay, Scott | 96 | Calgary Warriors | 1.25m |
| 3 | 837 Schuh, Joshua | 97 | Passtrak | 1.25m |
| 4 | 595 Vogelgesang, Max | 97 | Caltaf Athle | 1.15m |
| 5 | 594 Thuna, Sean | 97 | Caltaf Athle | 1.10m |
| 6 | 864 Breda, Cole | 97 | St. Albert T | NH |
| 7 | 876 Graunke, Cole | 97 | St. Albert T | NH |
| 8 | 764 Michael, Brandon | 97 | Edmonton Thunder | NH |
| 9 | 700 Huber, Nicholas | 96 | Edmonton Oly | NH |
| 10 | 705 Parks, Corey | 96 | Edmonton Oly | NH |
| 11 | 698 Harriott, Tyree | 97 | Edmonton Oly | NH |
| 12 | 576 Foster, Eric | 96 | Caltaf Athle | NH |
| 13 | 688 Caufield, Adam | 96 | Edmonton Oly | NH |
| 14 | 872 Dobbins, Joshua | 96 | St. Albert T | NH |
| 15 | 894 Thorsley, Tyler | 96 | St. Albert T | NH |
| 16 | 868 Cuciz, Nicholas | 97 | St. Albert T | NH |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 161 Men Pole Vault Youth****Saturday 2009-07-04 - 10:00****Prov. Record: 4.40m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------|-----------|
| 1 | 925 Goodwin, Lyndon | 92 | U OF C Athle | 2.80m |
| 2 | 941 McKercher, Ross | 93 | U OF C Athle | 2.60m |

Event 162 Men Pole Vault Junior**Saturday 2009-07-04 - 10:00****Prov. Record: 5.11m 2000-06-25 Jamie Johnson (81), CAP**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 905 Barrett, Michael | 90 | U OF C Athle | 3.80m |
| 2 | 955 Thomas, Craig | 90 | U OF C Athle | NH |

Event 165 Men Pole Vault Master 65+**Saturday 2009-07-04 - 10:00**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 682 Roberts, Richard | 42 | Edmonton Masters | 1.90m |

Event 322 Boys Shot Put 3 kg Bantam**Saturday 2009-07-04 - 09:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 561 MacKay, Scott | 96 | Calgary Warriors | 9.05m |
| 2 | 835 Mason, Nakoda | 96 | Passtrak | 6.21m |
| 3 | 837 Schuh, Joshua | 97 | Passtrak | 5.98m |
| 4 | 576 Foster, Eric | 96 | Caltaf Athle | 4.88m |
| 5 | 864 Breda, Cole | 97 | St. Albert T | ND |
| 6 | 700 Huber, Nicholas | 96 | Edmonton Oly | ND |
| 7 | 897 Waselenchuk, Seth | 96 | St. Albert T | ND |
| 8 | 876 Graunke, Cole | 97 | St. Albert T | ND |
| 9 | 530 Colquhoun, Kahleil | 97 | Calgary Spartans | ND |
| 10 | 549 Westaway, Callum | 97 | Calgary Spartans | ND |
| 11 | 764 Michael, Brandon | 97 | Edmonton Thunder | ND |
| 12 | 688 Caufield, Adam | 96 | Edmonton Oly | ND |
| 13 | 848 Posyluzny, Brayden | 97 | Red Deer Titans | ND |
| 14 | 705 Parks, Corey | 96 | Edmonton Oly | ND |
| 15 | 594 Thuna, Sean | 97 | Caltaf Athle | ND |
| 16 | 595 Vogelgesang, Max | 97 | Caltaf Athle | ND |
| 17 | 872 Dobbins, Joshua | 96 | St. Albert T | ND |
| 18 | 894 Thorsley, Tyler | 96 | St. Albert T | ND |
| 19 | 698 Harriott, Tyree | 97 | Edmonton Oly | ND |
| 20 | 868 Cuciz, Nicholas | 97 | St. Albert T | ND |

Event 321 Girls Shot Put 3 kg Bantam**Saturday 2009-07-04 - 11:00**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 806 Smallwood, Natasha | 96 | Leduc Track | 6.49m |
| 2 | 526 Burk, Alexandra | 97 | Calgary Spartans | 6.40m |
| 3 | 793 Flint, Devin | 96 | Leduc Track | 6.28m |
| 4 | 533 Dixon, Emma | 97 | Calgary Spartans | 6.25m |
| 5 | 598 Yee, Madelaine | 97 | Caltaf Athle | 6.22m |
| 6 | 587 O'Brien, Chase | 96 | Caltaf Athle | 5.90m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 321 ... (Girls Shot Put 3 kg Bantam)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------------|------|-------------------|-----------|
| 7 | 585 Martin, Emma | 97 | Caltaf Athle | 5.81m |
| 8 | 834 Hendricks, Mason | 96 | Passtrak | 5.53m |
| 9 | 836 Mitchell, Brittany | 97 | Passtrak | 4.82m |
| 10 | 883 LaBuick, Amy | 96 | St. Albert T | ND |
| 11 | 855 Gerber, Michelle | 96 | Split City Sonics | ND |
| 12 | 881 Jewell, Jenna | 97 | St. Albert T | ND |
| 13 | 869 Curle, Emma | 97 | St. Albert T | ND |
| 14 | 889 Newton, Kennedy | 97 | St. Albert T | ND |
| 15 | 578 Glover, Anna | 97 | Caltaf Athle | ND |
| 16 | 788 Cakmak, Noelle | 97 | Leduc Track | ND |
| 17 | 858 Merth, Jenna | 97 | Split City Sonics | ND |
| 18 | 800 Parmar, Chava | 97 | Leduc Track | ND |
| 19 | 665 Wickware, Jessica | 96 | Edmonton Harriers | ND |
| 20 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | ND |
| 21 | 830 Laramie, Jocelyn | 97 | Northeast AL | ND |
| 22 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | ND |
| 23 | 623 Basher, Erin | 97 | Edmonton Harriers | ND |
| 24 | 591 Stack, Teaghan | 97 | Caltaf Athle | ND |
| 25 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | ND |
| 26 | 640 Hitchings, Diane | 97 | Edmonton Harriers | ND |
| 27 | 882 Kozuska, Jordan | 97 | St. Albert T | ND |
| 28 | 693 Dillon, Cayle | 97 | Edmonton Oly | ND |
| 29 | 877 Groenenboom, Emily | 96 | St. Albert T | ND |
| 30 | 867 Christensen, Courtney | 96 | St. Albert T | ND |
| 31 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | ND |
| 32 | 694 Francis, Mattea | 96 | Edmonton Oly | ND |
| 33 | 713 Walker, Morgan | 96 | Edmonton Oly | ND |

**Event 327 Heptathlon: #3 Women Shot Put Junior
Saturday 2009-07-04 - 12:05**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|-------------------|-----------|
| 1 | 856 Gillett, Jaynell | 90 | Split City Sonics | ND |

**Event 330 Octathlon: #3 Men Shot Put Youth
Saturday 2009-07-04 - 12:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 914 Clews, Alexander | 92 | U OF C Athle | ND |

**Event 334 Decathlon: #3 Men Shot Put Master 50-64
Saturday 2009-07-04 - 12:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 673 Judson, Fred | 45 | Edmonton Masters | ND |

**Event 204 Women Shot Put Master 35-49
Saturday 2009-07-04 - 13:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 536 Jolicoeur, Jovette | 59 | Calgary Spartans | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 205 Women Shot Put Master 50-64
Saturday 2009-07-04 - 13:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 681 Roberts, Catherine | 47 | Edmonton Masters | 8.00m |
| 2 | 901 Amerongen, Loretta | 53 | U OF A Athle | ND |

**Event 200 Women Shot Put Midget
Saturday 2009-07-04 - 13:55****Prov. Record: 11.14m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 531 Cosman, Lauren | 95 | Calgary Spartans | 6.70m |
| 2 | 708 Rosery, Jonelle | 95 | Edmonton Oly | ND |
| 3 | 974 Kinley, Grace | 95 | Unattached Alberta | ND |
| 4 | 851 Sorensen, Kendra | 95 | Red Deer Titans | ND |

**Event 201 Women Shot Put Youth
Saturday 2009-07-04 - 13:55****Prov. Record: 12.54m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|--------------------|-----------|
| 1 | 582 Lissel, Kayla | 92 | Caltaf Athle | ND |
| 2 | 859 Nerbas, Joelle | 93 | Split City Sonics | ND |
| 3 | 975 Kruger, Wane | 92 | Unattached Alberta | ND |

**Event 202 Women Shot Put Junior
Saturday 2009-07-04 - 14:55****Prov. Record: 14.86m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 541 Liu, Bonnie | 91 | Calgary Spartans | ND |
| 2 | 852 Rak, Breanna | 91 | STFC | ND |
| 3 | 844 Coupal, Breann | 90 | Red Deer Titans | ND |
| 4 | 639 Heshka-Wolf, Ciera | 91 | Edmonton Harriers | ND |

**Event 203 Women Shot Put Open
Saturday 2009-07-04 - 14:55****Prov. Record: 17.01m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------------|------|-------------------|-----------|
| 1 | 986 Carias, Rigel | 88 | Wapiti Striders | 12.20m |
| 2 | 607 Fedorus, Jaclyn | 88 | Capital City | 8.08m |
| 3 | 660 Schreiber, Ann-Marie | 82 | Edmonton Harriers | ND |

**Event 318 Boys Other Ball Throw Pee wee
Saturday 2009-07-04 - 09:45**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 828 Laramee, Christian | 99 | Northeast AL | 22.83m |
| 2 | 805 Smallwood, Joshua | 99 | Leduc Track | ND |
| 3 | 781 Wafer, Mathew | 99 | Edmonton Thunder | ND |
| 4 | 664 Wickware, Brett | 98 | Edmonton Harriers | ND |
| 5 | 896 Waselenchuk, Quinn | 98 | St. Albert T | ND |

**Event 317 Girls Other Ball Throw Pee wee
Saturday 2009-07-04 - 10:05**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|--------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 20.38m |
| 2 | 797 Melvie, Taylor | 99 | Leduc Track | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Saturday Field****Event 317 ... (Girls Other Ball Throw Pee wee)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------------|------|--------------------|-----------|
| 3 | 862 Anderson, Alexis | 98 | St. Albert T | ND |
| 4 | 791 Cardinal, Shyann | 99 | Leduc Track | ND |
| 5 | 899 Young, Naomi | 98 | St. Albert T | ND |
| 6 | 900 Young, Sara | 00 | St. Albert T | ND |
| 7 | 878 Groenenboom, Haley | 98 | St. Albert T | ND |
| 8 | 763 Michael, Andrea | 99 | Edmonton Thunder | ND |
| 9 | 774 Shah, Haleemah | 99 | Edmonton Thunder | ND |
| 10 | 749 Andruchow, Riley | 99 | Edmonton Thunder | ND |
| 11 | 799 Parmar, Aliya | 00 | Leduc Track | ND |
| 12 | 790 Cardinal, Raven | 01 | Leduc Track | ND |
| 13 | 775 Shah, Summayyah | 99 | Edmonton Thunder | ND |
| 14 | 637 Hammond, Hannah | 98 | Edmonton Harriers | ND |
| 15 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | ND |
| 16 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | ND |
| 17 | 969 Hall, Yasmine | 98 | Unattached Alberta | ND |
| 18 | 584 Martin, Alison | 99 | Caltaf Athle | ND |
| 19 | 846 McKain, Kassi | 98 | Red Deer Titans | ND |
| 20 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | ND |
| 21 | 687 Brown, Kiara | 99 | Edmonton Oly | ND |
| 22 | 871 De La Mare, Sydney | 98 | St. Albert T | ND |
| 23 | 647 McGill, Sidney | 99 | Edmonton Harriers | ND |
| 24 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | ND |
| 25 | 577 Foster, Rhea | 98 | Caltaf Athle | ND |

Event 236 Men Javelin Throw Youth

Saturday 2009-07-04 - 11:25

Prov. Record: 51.16m

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|-------------------|-----------|
| 1 | 827 Dubeau, Marc | 94 | Northeast AL | ND |
| 2 | 644 Kushak, Matthew | 93 | Edmonton Harriers | ND |

Event 237 Men Javelin Throw Junior

Saturday 2009-07-04 - 11:25

Prov. Record: 63.06m

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|--------------|-----------|
| 1 | 958 Watson, Marcus | 92 | U OF C Athle | 55.08m |
| 2 | 933 Link, Steven | 91 | U OF C Athle | ND |
| 3 | 955 Thomas, Craig | 90 | U OF C Athle | ND |
| 4 | 910 Bromley, Brett | 90 | U OF C Athle | ND |
| 5 | 919 Dueck, Joel | 92 | U OF C Athle | ND |

Event 239 Men Javelin Throw Master 35-49

Saturday 2009-07-04 - 13:05

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|--------------------|-----------|
| 1 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |
| 2 | 966 Freeman, Sean | 72 | Unattached Alberta | ND |
| 3 | 895 Walker, Ron | 71 | St. Albert T | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Saturday Field****Event 240 Men Javelin Throw Master 50-64
Saturday 2009-07-04 - 13:05**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 812 Chmielewski, Ron | 48 | Lethbridge T | 28.87m |
| 2 | 984 Thomson, Roy | 46 | Unattached Alberta | 28.00m |
| 3 | 968 Gudzowsky, Terry | 54 | Unattached Alberta | ND |

**Event 241 Men Javelin Throw Master 65+
Saturday 2009-07-04 - 13:05**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 675 McFadyen, Robert | 43 | Edmonton Masters | 33.79m |
| 2 | 982 Smolinski, Frank | 39 | Unattached Alberta | ND |

**Event 243 Women Hammer Throw Youth
Saturday 2009-07-04 - 14:30**

Prov. Record: 56.05m

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------------|-----------|
| 1 | 847 Murphy, Mallory | 92 | Red Deer Titans | ND |
| 2 | 975 Kruger, Wane | 92 | Unattached Alberta | ND |

**Event 244 Women Hammer Throw Junior
Saturday 2009-07-04 - 14:30**

Prov. Record: 56.01m 2006-06-01 Heather Steacy, CHI

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 639 Heshka-Wolf, Ciera | 91 | Edmonton Harriers | ND |

**Event 246 Women Hammer Throw Master 50-64
Saturday 2009-07-04 - 14:30**

W35+

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 903 Way, Jenilee | 84 | U OF A Athle | X50.00m |
| 2 | 681 Roberts, Catherine | 47 | Edmonton Masters | 18.00m |

**Event 248 Men Hammer Throw Youth
Saturday 2009-07-04 - 15:25**

Prov. Record: 63.40m

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|-------------------|-----------|
| 1 | 917 Diaz, Pedro | 93 | U OF C Athle | ND |
| 2 | 644 Kushak, Matthew | 93 | Edmonton Harriers | ND |

**Event 249 Men Hammer Throw Junior
Saturday 2009-07-04 - 15:25**

Prov. Record: 74.09m 2003-06-21 Sean Steacy, CHI

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|--------------|-----------|
| 1 | 622 Tarnava, Ryan | 91 | Chinook Trac | ND |

**Event 251 Men Hammer Throw Master 35-49
Saturday 2009-07-04 - 15:25**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |
| 2 | 976 Maplethorpe, Ian | 66 | Unattached Alberta | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Saturday Field****Event 252 Men Hammer Throw Master 50-64****Saturday 2009-07-04 - 15:25**

| Comp# | Name | Year | Team | Seed Mark |
|--------------|----------------------|-------------|--------------|------------------|
| 1 | 812 Chmielewski, Ron | 48 | Lethbridge T | 27.81m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 325 Girls 80 Metre Hurdles Sprint Hurd Bantam****Sunday 2009-07-05 - 09:06**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------------|------|-------------------|-----------|
| 1 | 533 Dixon, Emma | 97 | Calgary Spartans | 14.30 |
| 2 | 587 O'Brien, Chase | 96 | Caltaf Athle | 15.81 |
| 3 | 806 Smallwood, Natasha | 96 | Leduc Track | 16.08 |
| 4 | 834 Hendricks, Mason | 96 | Passtrak | 16.15 |
| 5 | 526 Burk, Alexandra | 97 | Calgary Spartans | 16.30 |
| 6 | 836 Mitchell, Brittany | 97 | Passtrak | 16.96 |
| 7 | 793 Flint, Devin | 96 | Leduc Track | 18.54 |
| 8 | 598 Yee, Madelaine | 97 | Caltaf Athle | 18.66 |
| 9 | 881 Jewell, Jenna | 97 | St. Albert T | NT |
| 10 | 889 Newton, Kennedy | 97 | St. Albert T | NT |
| 11 | 877 Groenenboom, Emily | 96 | St. Albert T | NT |
| 12 | 869 Curle, Emma | 97 | St. Albert T | NT |
| 13 | 858 Merth, Jenna | 97 | Split City Sonics | NT |
| 14 | 578 Glover, Anna | 97 | Caltaf Athle | NT |
| 15 | 855 Gerber, Michelle | 96 | Split City Sonics | NT |
| 16 | 788 Cakmak, Noelle | 97 | Leduc Track | NT |
| 17 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | NT |
| 18 | 640 Hitchings, Diane | 97 | Edmonton Harriers | NT |
| 19 | 665 Wickware, Jessica | 96 | Edmonton Harriers | NT |
| 20 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | NT |
| 21 | 591 Stack, Teaghan | 97 | Caltaf Athle | NT |
| 22 | 585 Martin, Emma | 97 | Caltaf Athle | NT |
| 23 | 623 Basher, Erin | 97 | Edmonton Harriers | NT |
| 24 | 693 Dillon, Cayle | 97 | Edmonton Oly | NT |
| 25 | 713 Walker, Morgan | 96 | Edmonton Oly | NT |
| 26 | 867 Christensen, Courtney | 96 | St. Albert T | NT |
| 27 | 830 Laramée, Jocelyn | 97 | Northeast AL | NT |
| 28 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | NT |
| 29 | 694 Francis, Mattea | 96 | Edmonton Oly | NT |

Event 326 Boys 80 Metre Hurdles Sprint Hurd Bantam**Sunday 2009-07-05 - 09:30**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|------------------|-----------|
| 1 | 835 Mason, Nakoda | 96 | Passtrak | 13.87 |
| 2 | 837 Schuh, Joshua | 97 | Passtrak | 17.67 |
| 3 | 897 Waselenchuk, Seth | 96 | St. Albert T | NT |
| 4 | 876 Graunke, Cole | 97 | St. Albert T | NT |
| 5 | 894 Thorsley, Tyler | 96 | St. Albert T | NT |
| 6 | 700 Huber, Nicholas | 96 | Edmonton Oly | NT |
| 7 | 561 MacKay, Scott | 96 | Calgary Warriors | NT |
| 8 | 864 Breda, Cole | 97 | St. Albert T | NT |
| 9 | 595 Vogelgesang, Max | 97 | Caltaf Athle | NT |
| 10 | 848 Posyluzny, Brayden | 97 | Red Deer Titans | NT |
| 11 | 576 Foster, Eric | 96 | Caltaf Athle | NT |
| 12 | 594 Thuna, Sean | 97 | Caltaf Athle | NT |
| 13 | 868 Cuciz, Nicholas | 97 | St. Albert T | NT |
| 14 | 896 Waselenchuk, Quinn | 98 | St. Albert T | NT |
| 15 | 705 Parks, Corey | 96 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 326 ... (Boys 80 Metre Hurdles Sprint Hurd Bantam)**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------|-----------|
| 16 | 698 Harriott, Tyree | 97 | Edmonton Oly | NT |

**Event 299 Girls 150 Metre Dash Pee wee
Sunday 2009-07-05 - 09:42**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|--------------------|-----------|
| 1 | 878 Groenenboom, Haley | 98 | St. Albert T | NT |
| 2 | 871 De La Mare, Sydney | 98 | St. Albert T | NT |
| 3 | 900 Young, Sara | 00 | St. Albert T | NT |
| 4 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | NT |
| 5 | 687 Brown, Kiara | 99 | Edmonton Oly | NT |
| 6 | 863 Bornia, Katie | 98 | St. Albert T | NT |
| 7 | 799 Parmar, Aliya | 00 | Leduc Track | NT |
| 8 | 797 Melvie, Taylor | 99 | Leduc Track | NT |
| 9 | 971 Hik, Felicity | 99 | Unattached Alberta | NT |
| 10 | 899 Young, Naomi | 98 | St. Albert T | NT |
| 11 | 862 Anderson, Alexis | 98 | St. Albert T | NT |
| 12 | 846 McKain, Kassi | 98 | Red Deer Titans | NT |
| 13 | 969 Hall, Yasmine | 98 | Unattached Alberta | NT |
| 14 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | NT |
| 15 | 584 Martin, Alison | 99 | Caltaf Athle | NT |
| 16 | 577 Foster, Rhea | 98 | Caltaf Athle | NT |
| 17 | 647 McGill, Sidney | 99 | Edmonton Harriers | NT |
| 18 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | NT |
| 19 | 826 Cole, Courtney | 99 | Northeast AL | NT |
| 20 | 637 Hammond, Hannah | 98 | Edmonton Harriers | NT |
| 21 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | NT |

**Event 300 Boys 150 Metre Dash Pee wee
Sunday 2009-07-05 - 10:00**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 804 Setter, Dustin | 98 | Leduc Track | 25.68 |
| 2 | 896 Waselenchuk, Quinn | 98 | St. Albert T | NT |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | NT |
| 4 | 664 Wickware, Brett | 98 | Edmonton Harriers | NT |
| 5 | 828 Laramée, Christian | 99 | Northeast AL | NT |

**Event 72 Women 3000 Metre Run Youth
Sunday 2009-07-05 - 10:06****Prov. Record: 9:21.69 2000-04-29 Emily Kroshus (83), CS**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 956 Van Vliet, Jenna | 92 | U OF C Athle | 10:30.00 |
| 2 | 924 Fox, Maria | 93 | U OF C Athle | 10:33.00 |
| 3 | 926 Gould, Rebecca | 93 | U OF C Athle | 10:35.00 |
| 4 | 545 Serpico, Madison | 92 | Calgary Spartans | 10:50.00 |
| 5 | 575 Chappell, Ellen | 93 | Caltaf Athle | 11:00.00 |
| 6 | 557 Graham, Stephanie | 92 | Calgary Warriors | 11:18.71 |
| 7 | 628 Crackston, Shelby | 92 | Edmonton Harriers | 11:44.89 |
| 8 | 796 Laforge, Riley | 94 | Leduc Track | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 73 Women 3000 Metre Run Junior**

Sunday 2009-07-05 - 10:06

Prov. Record: 9:13.67 1989-06-08 Lisa Harvey (70), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|------------------|-----------|
| 1 | 776 Soderberg, Alana | 90 | Edmonton Thunder | 10:00.00 |
| 2 | 936 MacDonald, Madeline | 90 | U OF C Athle | 10:30.00 |
| 3 | 932 Kary, Grace | 91 | U OF C Athle | 10:30.00 |

Event 79 Men 3000 Metre Run Youth

Sunday 2009-07-05 - 10:21

Prov. Record: 8:28.0h 1980-07-14 Doug Kehler (63), CTC

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|--------------------|-----------|
| 1 | 556 Galea, Matthew | 93 | Calgary Warriors | 10:02.48 |
| 2 | 979 Medinski, Micah | 93 | Unattached Alberta | 10:06.00 |
| 3 | 798 Opel, Kelyn | 93 | Leduc Track | 10:13.00 |
| 4 | 912 Charanduk, Matthew | 94 | U OF C Athle | 10:20.00 |
| 5 | 960 Wiley, Bryn | 94 | U OF C Athle | 10:20.00 |

Event 80 Men 3000 Metre Run Master 35-49

Sunday 2009-07-05 - 10:21

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------------|-----------|
| 1 | 519 Guss, David | 60 | Calgary Road | 10:00.00 |
| 2 | 978 McGrath, Niall | 72 | Unattached Alberta | 10:20.00 |

Event 81 Men 3000 Metre Run Master 50-64

Sunday 2009-07-05 - 10:21

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|------------------|-----------|
| 1 | 677 Milne, Peter | 48 | Edmonton Masters | 13:00.00 |
| 2 | 758 Holmes, Bob | 54 | Edmonton Thunder | NT |

Event 82 Men 3000 Metre Run Master 65+

Sunday 2009-07-05 - 10:21

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------|-----------|
| 1 | 516 Dargie, Barrie | 44 | Calgary Road | 11:10.00 |
| 2 | 517 Davies, Roger | 35 | Calgary Road | 13:28.00 |

Event 83 Men 5000 Metre Run Junior

Sunday 2009-07-05 - 10:39

Prov. Record: 14:09.2h 1973-07-21 Louis Groarke (54), CTC

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|------------------|-----------|
| 1 | 760 Law, Graeme | 90 | Edmonton Thunder | 15:27.00 |
| 2 | 583 Majock, Nyial | 90 | Caltaf Athle | NT |

Event 122 Women 300 Metre Hurdles Youth

Sunday 2009-07-05 - 11:04

Prov. Record: 57.87 1991-07-19 Erica Peterson (73), PAS

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 761 Lemphers, Tayllor | 93 | Edmonton Thunder | NT |
| 2 | 711 Walker, Karin | 93 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 126 Men 300 Metre Hurdles Youth**

Sunday 2009-07-05 - 11:10

Prov. Record: 54.34 2003-07-16 Trent Ratzlaff (86), CAL

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|--------------|-----------|
| 1 | 590 Smith, Alex | 93 | Caltaf Athle | 40.00 |
| 2 | 829 Laramee, Eric | 94 | Northeast AL | 46.80 |

Event 121 Men 300 Metre Hurdles Master 50-64

Sunday 2009-07-05 - 11:10

M60-69

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|------------------|-----------|
| 1 | 678 Mintz, Bruce | 46 | Edmonton Masters | 52.00 |

Event 117 Men 300 Metre Hurdles .68m Master 65+

Sunday 2009-07-05 - 11:10

M70+

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|--------------------|-----------|
| 1 | 977 McCune, Derek | 44 | Unattached Alberta | NT |

Event 127 Men 400 Metre Hurdles Junior

Sunday 2009-07-05 - 11:16

Prov. Record: 50.98 1984-05-22 John Graham (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|------------------|-----------|
| 1 | 566 Prajea, Mihai | 91 | Calgary Warriors | 55.84 |
| 2 | 601 Andrais, Greg | 91 | Capital City | 56.80 |
| 3 | 571 South, Garrett | 90 | Calgary Warriors | 58.52 |
| 4 | 822 Ott, Andrew | 91 | Lethbridge T | NT |
| 5 | 785 Nystuen, Tait | 91 | Excel Athletika | NT |

Event 15 Women 200 Metre Dash Midget Prelims

Sunday 2009-07-05 - 11:22

Prov. Record: 24.41 1980-08-12 Jillian Richardson (65), CS

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|-------------------|-----------|
| 1 | 857 Grannum, Jazmine | 94 | Split City Sonics | 25.90 |
| 2 | 560 Mackay, Megan | 94 | Calgary Warriors | 26.80 |
| 3 | 551 Bartel, Teya | 94 | Calgary Warriors | 27.06 |
| 4 | 807 Taylor, Jordan | 95 | Leduc Track | 28.32 |
| 5 | 543 Roth, Emily | 94 | Calgary Spartans | 28.41 |
| 6 | 939 McCowan, Jacqueline | 95 | U OF C Athle | 28.63 |
| 7 | 684 Ali, Mackenzie | 94 | Edmonton Oly | 28.98 |
| 8 | 562 Maylan, Ashley | 95 | Calgary Warriors | 29.05 |
| 9 | 708 Rosery, Jonelle | 95 | Edmonton Oly | 29.90 |
| 10 | 854 Gerber, Lizette | 94 | Split City Sonics | NT |
| 11 | 851 Sorensen, Kendra | 95 | Red Deer Titans | NT |
| 12 | 653 Pless, Shamelle | 94 | Edmonton Harriers | NT |
| 13 | 890 Ratzlaff, Brooklynn | 95 | St. Albert T | NT |
| 14 | 880 Hodge, Jordan | 95 | St. Albert T | NT |

Event 22 Men 200 Metre Dash Midget Prelims

Sunday 2009-07-05 - 11:29

Prov. Record: 21.9h 1985-08-04 Brad McCuaig (70), OKO

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------|------|-----------------|-----------|
| 1 | 724 Kong, Tim | 94 | Edmonton Royals | 23.13 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 22 ... (Men 200 Metre Dash Midget Prelims)**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------------|------|-------------------|-----------|
| 2 | 707 Rosery, Arden | 95 | Edmonton Oly | 23.65 |
| 3 | 501 Desautels, Kristianne | 94 | Calgary Inte | 23.75 |
| 4 | 616 Roberts, Chris | 94 | Capital City | 24.12 |
| 5 | 697 Harriott, Ian | 95 | Edmonton Oly | 24.17 |
| 6 | 767 Pickering, Cameron | 94 | Edmonton Thunder | 24.30 |
| 7 | 553 Brideson, Matthew | 94 | Calgary Warriors | 24.91 |
| 8 | 779 Sorensen, Max | 96 | Edmonton Thunder | 25.00 |
| 9 | 569 Sands, Paul | 94 | Calgary Warriors | 25.15 |
| 10 | 546 Smith, Keyvan | 94 | Calgary Spartans | 25.46 |
| 11 | 829 Laramee, Eric | 94 | Northeast AL | 26.64 |
| 12 | 865 Campbell, Aidan | 95 | St. Albert T | 26.82 |
| 13 | 597 Yee, Daniel | 94 | Caltaf Athle | 27.36 |
| 14 | 772 Schellenberg, Florian | 95 | Edmonton Thunder | 27.51 |
| 15 | 745 Mpindou, Kenny | 94 | Edmonton Spr | 27.80 |
| 16 | 528 Caouette, Henry | 95 | Calgary Spartans | 29.80 |
| 17 | 638 Henriquez, Fernando | 94 | Edmonton Harriers | NT |
| 18 | 631 Feltan, Brent | 94 | Edmonton Harriers | NT |
| 19 | 843 Braden, Andrew | 95 | Red Deer Titans | NT |
| 20 | 850 Seguin, Cole | 95 | Red Deer Titans | NT |
| 21 | 885 McIver, Braden | 95 | St. Albert T | NT |
| 22 | 887 Meronyk, Nick | 94 | St. Albert T | NT |
| 23 | 866 Chalaturnyk, Jonathan | 95 | St. Albert T | NT |

Event 16 Women 200 Metre Dash Youth Prelims

Sunday 2009-07-05 - 11:40

Prov. Record: 23.36 1997-08-20 Atia Weekes (80), CITC

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|-------------------|-----------|
| 1 | 756 Fofanah, Isatu | 93 | Edmonton Thunder | 24.55 |
| 2 | 821 Miller, Lacey | 92 | Lethbridge T | 24.90 |
| 3 | 761 Lemphers, Tayllor | 93 | Edmonton Thunder | 25.00 |
| 4 | 689 Clarke, Stephanie | 93 | Edmonton Oly | 25.05 |
| 5 | 704 Oudenaarden, Niki | 94 | Edmonton Oly | 25.37 |
| 6 | 929 Hunter, Jackie | 92 | U OF C Athle | 25.58 |
| 7 | 703 Mentanko, Jenn | 92 | Edmonton Oly | 25.82 |
| 8 | 839 Hensel, Mariah | 93 | Premiere Tra | 26.00 |
| 9 | 841 Menlyk, Jocelyn | 93 | Premiere Tra | 26.50 |
| 10 | 696 Guinchard, Jade | 93 | Edmonton Oly | 26.62 |
| 11 | 648 Ntiamoah, Amanda | 92 | Edmonton Harriers | 26.82 |
| 12 | 802 Richard, Kelsey | 92 | Leduc Track | 26.89 |
| 13 | 801 Price, Rebecca | 93 | Leduc Track | 27.10 |
| 14 | 605 Downie, Jessica | 92 | Capital City | 27.64 |
| 15 | 558 Humble, Shaina | 92 | Calgary Warriors | 28.08 |
| 16 | 573 Bjornstad, Camilla | 92 | Caltaf Athle | 28.25 |
| 17 | 579 Heinrichs, Katherine | 92 | Caltaf Athle | 28.33 |
| 18 | 532 Cosman, Miranda | 92 | Calgary Spartans | 28.48 |
| 19 | 574 Bymoan, Katelyn | 92 | Caltaf Athle | 28.90 |
| 20 | 599 Yee, Rachel | 92 | Caltaf Athle | 29.50 |
| 21 | 657 Rintoul, Sarah | 93 | Edmonton Harriers | NT |
| 22 | 691 Colville, Brittany | 92 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 23 Men 200 Metre Dash Youth Prelims****Sunday 2009-07-05 - 11:52****Prov. Record: 21.13 1987-07-12 Brad McCuaig (70), OKO**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 586 McKay, Ryan | 93 | Caltaf Athle | 22.69 |
| 2 | 659 Roesch, Evan | 92 | Edmonton Harriers | 22.70 |
| 3 | 661 Sierko, Kristopher | 93 | Edmonton Harriers | 23.47 |
| 4 | 735 Kamara, Alfred | 92 | Edmonton Spr | 23.50 |
| 5 | 609 Golka, Ryan | 93 | Capital City | 23.58 |
| 6 | 702 King, Garrett | 93 | Edmonton Oly | 23.62 |
| 7 | 725 Lai, Andy | 93 | Edmonton Royals | 23.78 |
| 8 | 930 Izat, Josh | 92 | U OF C Athle | 23.96 |
| 9 | 514 Seib, Michael | 93 | Calgary Olym | 23.98 |
| 10 | 943 Murphy, Kevin | 93 | U OF C Athle | 24.02 |
| 11 | 564 Patterson, Doug | 92 | Calgary Warriors | 24.42 |
| 12 | 739 Lacan, Josephus | 93 | Edmonton Spr | 24.50 |
| 13 | 741 Mantuila, Leonardo | 93 | Edmonton Spr | 24.60 |
| 14 | 768 Rankel, Dominic | 92 | Edmonton Thunder | 24.68 |
| 15 | 512 Kunysz, Matthew | 93 | Calgary Olym | 24.90 |
| 16 | 738 Kasamba, Gervais | 93 | Edmonton Spr | 25.08 |
| 17 | 792 Cusveller, Ryan | 92 | Leduc Track | 25.33 |
| 18 | 824 Whitehead, Darius | 93 | Lethbridge T | 25.80 |
| 19 | 602 Andrais, Stephen | 93 | Capital City | 27.72 |
| 20 | 649 Ohrt, Shane | 93 | Edmonton Harriers | NT |
| 21 | 652 Pho, Calvin | 93 | Edmonton Harriers | NT |
| 22 | 860 Penner, Kcoal | 92 | Split City Sonics | NT |

Event 17 Women 200 Metre Dash Junior Prelims**Sunday 2009-07-05 - 12:03****Prov. Record: 23.07 1998 Atia Weekes (80), CITC**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 612 Hurrel, Karlene | 90 | Capital City | 24.45 |
| 2 | 817 Laarman, Loudia | 91 | Lethbridge T | 24.60 |
| 3 | 825 Watson, Sage | 94 | Panthers | 25.24 |
| 4 | 538 Kendall, Danielle | 90 | Calgary Spartans | 25.52 |
| 5 | 923 Foggo, Richina | 90 | U OF C Athle | 25.87 |
| 6 | 508 Bauer, Nicole | 93 | Calgary Olym | 25.91 |
| 7 | 621 Wilson, Ally | 91 | Capital City | 26.22 |
| 8 | 740 Maclise, Kirklin | 91 | Edmonton Spr | 26.34 |
| 9 | 784 Margetts, Merissa | 91 | Excel Athletika | 26.65 |
| 10 | 619 Visser, Amy | 91 | Capital City | 27.54 |
| 11 | 541 Liu, Bonnie | 91 | Calgary Spartans | 28.20 |
| 12 | 844 Coupal, Breann | 90 | Red Deer Titans | NT |
| 13 | 783 Davis, Tennille | 90 | Excel Athletika | NT |

Event 24 Men 200 Metre Dash Junior Prelims**Sunday 2009-07-05 - 12:10****Prov. Record: 20.70 2006-08-06 Bryan Barnett (87), CAP**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------|-----------|
| 1 | 504 Haynes, Akeem | 92 | Calgary Inte | 21.41 |
| 2 | 744 McPhee, Stephen | 91 | Edmonton Spr | 22.18 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 24 ... (Men 200 Metre Dash Junior Prelims)**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|------------------|-----------|
| 3 | 699 Hastings, Alex | 90 | Edmonton Oly | 22.35 |
| 4 | 728 Blimke, Kevin | 90 | Edmonton Spr | 22.40 |
| 5 | 608 Gelowitz, Mason | 91 | Capital City | 22.45 |
| 6 | 937 Mayer, Bastian | 90 | U OF C Athle | 22.56 |
| 7 | 748 Torresan, Mason | 91 | Edmonton Spr | 22.58 |
| 8 | 733 Fernuik, Taylor | 90 | Edmonton Spr | 22.68 |
| 9 | 747 Shadeck, Adrien | 91 | Edmonton Spr | 22.70 |
| 10 | 931 Johnston, Trent | 90 | U OF C Athle | 22.74 |
| 11 | 685 Altaye, Israel | 90 | Edmonton Oly | 22.78 |
| 12 | 909 Breski, Josh | 91 | U OF C Athle | 22.93 |
| 13 | 840 Lem, Sean | 91 | Premiere Tra | 23.15 |
| 14 | 555 Freeman, Doug | 91 | Calgary Warriors | 23.47 |
| 15 | 958 Watson, Marcus | 92 | U OF C Athle | 23.50 |
| 16 | 727 Bartkus, Ben | 90 | Edmonton Spr | 23.50 |
| 17 | 918 Dossou, Dodzi | 91 | U OF C Athle | 23.70 |
| 18 | 511 Krolikowski, Maciek | 91 | Calgary Olym | 23.82 |
| 19 | 510 Gosselin, Jeremy | 91 | Calgary Olym | 24.22 |
| 20 | 729 Cameron, Jesse | 91 | Edmonton Spr | 24.50 |
| 21 | 600 Aasberg, Matt | 91 | Capital City | 24.70 |
| 22 | 563 McQueen, Alister | 91 | Calgary Warriors | 24.86 |
| 23 | 615 Riley, James | 91 | Capital City | 26.75 |
| 24 | 795 Hill, Landon | 91 | Leduc Track | NT |

Event 25 Men 200 Metre Dash Open Prelims

Sunday 2009-07-05 - 12:25

Prov. Record: 20.48 2002-06-22 Jermaine Joseph (80), UCAC

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 617 Rosenke, Adam | 84 | Capital City | 22.09 |
| 2 | 539 Kimick, Evan | 89 | Calgary Spartans | 22.22 |
| 3 | 954 Sumani, Hafeez | 88 | U OF C Athle | 22.22 |
| 4 | 632 Francois, Andre | 65 | Edmonton Harriers | 22.60 |
| 5 | 618 Rosenke, Dan | 84 | Capital City | 22.75 |
| 6 | 722 Ebrado, Elizar | 88 | Edmonton Royals | 22.87 |
| 7 | 911 Bury-Jones, Stuart | 89 | U OF C Athle | 23.15 |
| 8 | 589 Rynn, Isaac | 89 | Caltaf Athle | 23.30 |
| 9 | 988 Nel, Wynand | 88 | Wapiti Striders | 23.44 |
| 10 | 550 Zatylny, Scott | 86 | Calgary Spartans | 23.45 |
| 11 | 610 Hayes, Clayton | 88 | Capital City | 23.46 |
| 12 | 534 Gallimore, Richard | 89 | Calgary Spartans | 24.98 |
| 13 | 706 Peynado, Doron | 84 | Edmonton Oly | 25.09 |
| 14 | 927 Holmes, Tim | 88 | U OF C Athle | NT |
| 15 | 529 Clark, Rhys | 84 | Calgary Spartans | NT |

Event 305 Girls 1000 Metre Run Pee wee

Sunday 2009-07-05 - 13:22

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|--------------|-----------|
| 1 | 878 Groenenboom, Haley | 98 | St. Albert T | NT |
| 2 | 871 De La Mare, Sydney | 98 | St. Albert T | NT |
| 3 | 900 Young, Sara | 00 | St. Albert T | NT |
| 4 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 305 ... (Girls 1000 Metre Run Pee wee)**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|--------------------|-----------|
| 5 | 875 Gorgichuk, Hannah | 98 | St. Albert T | NT |
| 6 | 862 Anderson, Alexis | 98 | St. Albert T | NT |
| 7 | 971 Hik, Felicity | 99 | Unattached Alberta | NT |
| 8 | 899 Young, Naomi | 98 | St. Albert T | NT |
| 9 | 870 Curle, Madelyn | 99 | St. Albert T | NT |
| 10 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | NT |
| 11 | 846 McKain, Kassi | 98 | Red Deer Titans | NT |
| 12 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | NT |
| 13 | 584 Martin, Alison | 99 | Caltaf Athle | NT |
| 14 | 969 Hall, Yasmine | 98 | Unattached Alberta | NT |
| 15 | 647 McGill, Sidney | 99 | Edmonton Harriers | NT |
| 16 | 826 Cole, Courtney | 99 | Northeast AL | NT |
| 17 | 577 Foster, Rhea | 98 | Caltaf Athle | NT |
| 18 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | NT |

**Event 306 Boys 1000 Metre Run Pee wee
Sunday 2009-07-05 - 13:33**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 804 Setter, Dustin | 98 | Leduc Track | 3:37.03 |
| 2 | 805 Smallwood, Joshua | 99 | Leduc Track | NT |
| 3 | 664 Wickware, Brett | 98 | Edmonton Harriers | NT |
| 4 | 828 Laramée, Christian | 99 | Northeast AL | NT |

**Event 307 Girls 1200 Metre Run Bantam
Sunday 2009-07-05 - 13:39**

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 806 Smallwood, Natasha | 96 | Leduc Track | 3:59.64 |
| 2 | 793 Flint, Devin | 96 | Leduc Track | 4:11.48 |
| 3 | 533 Dixon, Emma | 97 | Calgary Spartans | 4:15.00 |
| 4 | 587 O'Brien, Chase | 96 | Caltaf Athle | 4:16.33 |
| 5 | 836 Mitchell, Brittany | 97 | Passtrak | 4:33.00 |
| 6 | 585 Martin, Emma | 97 | Caltaf Athle | 4:42.42 |
| 7 | 526 Burk, Alexandra | 97 | Calgary Spartans | 4:50.00 |
| 8 | 830 Laramée, Jocelyn | 97 | Northeast AL | 4:54.06 |
| 9 | 855 Gerber, Michelle | 96 | Split City Sonics | NT |
| 10 | 858 Merth, Jenna | 97 | Split City Sonics | NT |
| 11 | 889 Newton, Kennedy | 97 | St. Albert T | NT |
| 12 | 800 Parmar, Chava | 97 | Leduc Track | NT |
| 13 | 788 Cakmak, Noelle | 97 | Leduc Track | NT |
| 14 | 578 Glover, Anna | 97 | Caltaf Athle | NT |
| 15 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | NT |
| 16 | 640 Hitchings, Diane | 97 | Edmonton Harriers | NT |
| 17 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | NT |
| 18 | 598 Yee, Madelaine | 97 | Caltaf Athle | NT |
| 19 | 591 Stack, Teaghan | 97 | Caltaf Athle | NT |
| 20 | 623 Basher, Erin | 97 | Edmonton Harriers | NT |
| 21 | 693 Dillon, Cayle | 97 | Edmonton Oly | NT |
| 22 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | NT |
| 23 | 877 Groenenboom, Emily | 96 | St. Albert T | NT |
| 24 | 665 Wickware, Jessica | 96 | Edmonton Harriers | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 307 ... (Girls 1200 Metre Run Bantam)**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 25 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | NT |

**Event 308 Boys 1200 Metre Run Bantam
Sunday 2009-07-05 - 13:52**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 549 Westaway, Callum | 97 | Calgary Spartans | 4:06.00 |
| 2 | 835 Mason, Nakoda | 96 | Passtrak | 4:32.00 |
| 3 | 595 Vogelgesang, Max | 97 | Caltaf Athle | 4:35.03 |
| 4 | 837 Schuh, Joshua | 97 | Passtrak | 4:56.00 |
| 5 | 594 Thuna, Sean | 97 | Caltaf Athle | 5:06.25 |
| 6 | 864 Breda, Cole | 97 | St. Albert T | NT |
| 7 | 876 Graunke, Cole | 97 | St. Albert T | NT |
| 8 | 567 Ross, Graham | 96 | Calgary Warriors | NT |
| 9 | 561 MacKay, Scott | 96 | Calgary Warriors | NT |
| 10 | 630 Drever, Callum | 97 | Edmonton Harriers | NT |
| 11 | 650 Penner, Isaac | 96 | Edmonton Harriers | NT |
| 12 | 576 Foster, Eric | 96 | Caltaf Athle | NT |
| 13 | 894 Thorsley, Tyler | 96 | St. Albert T | NT |
| 14 | 897 Waselenchuk, Seth | 96 | St. Albert T | NT |
| 15 | 698 Harriott, Tyree | 97 | Edmonton Oly | NT |

**Event 19 Women 200 Metre Dash Master 35-49
Sunday 2009-07-05 - 14:03**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|------------------|-----------|
| 1 | 838 Dube, Winneth | 72 | Premiere Tra | 23.60 |
| 2 | 544 Schoenthaler, Sheryl | 64 | Calgary Spartans | 29.22 |
| 3 | 536 Jolicoeur, Jovette | 59 | Calgary Spartans | 30.65 |

**Event 20 Women 200 Metre Dash Master 50-64
Sunday 2009-07-05 - 14:03**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------------|------|-------------------|-----------|
| 1 | 634 Francois, Julie | 58 | Edmonton Harriers | 28.20 |
| 2 | 527 Burnett, Evelyn | 58 | Calgary Spartans | 29.86 |
| 3 | 540 Lauirdsen, Susanne | 58 | Calgary Spartans | 30.95 |
| 4 | 680 Nutting, Jan | 53 | Edmonton Masters | 32.62 |
| 5 | 506 Strother, Sue Vella | 59 | Calgary Inte | NT |

**Event 21 Women 200 Metre Dash Master 65+
Sunday 2009-07-05 - 14:03**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 670 Hopchin, Maria | 44 | Edmonton Masters | 34.50 |
| 2 | 676 McQuarrie, Betty | 28 | Edmonton Masters | 50.00 |

**Event 26 Men 200 Metre Dash Master 35-49
Sunday 2009-07-05 - 14:11**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|-------------------|-----------|
| 1 | 632 Francois, Andre | 65 | Edmonton Harriers | 22.60 |
| 2 | 655 Quaidoo, Frank | 70 | Edmonton Harriers | 25.50 |
| 3 | 535 Harris, Brian | 70 | Calgary Spartans | 25.65 |
| 4 | 667 Black, Murray | 59 | Edmonton Masters | 26.20 |
| 5 | 542 Meyers, Darcy | 62 | Calgary Spartans | 27.51 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 26 ... (Men 200 Metre Dash Master 35-49)**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------------|-----------|
| 6 | 743 Matheson, Gerald | 66 | Edmonton Spr | 27.70 |
| 7 | 966 Freeman, Sean | 72 | Unattached Alberta | NT |

**Event 27 Men 200 Metre Dash Master 50-64
Sunday 2009-07-05 - 14:11**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|------------------|-----------|
| 1 | 672 Jeske, Wolfgang | 54 | Edmonton Masters | 25.30 |
| 2 | 678 Mintz, Bruce | 46 | Edmonton Masters | 28.60 |
| 3 | 513 Kunysz, Waldemar | 58 | Calgary Olym | 28.81 |

**Event 28 Men 200 Metre Dash Master 65+
Sunday 2009-07-05 - 14:11**

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|--------------------|-----------|
| 1 | 668 Dunn, Dave | 36 | Edmonton Masters | 28.00 |
| 2 | 669 Green, Charles | 38 | Edmonton Masters | 28.01 |
| 3 | 671 Hurst, Bernie | 40 | Edmonton Masters | 30.00 |
| 4 | 977 McCune, Derek | 44 | Unattached Alberta | 30.00 |
| 5 | 675 McFadyen, Robert | 43 | Edmonton Masters | 30.10 |
| 6 | 679 Nett, Arnold | 32 | Edmonton Masters | 34.00 |

**Event 18 Women 200 Metre Dash Open
Sunday 2009-07-05 - 14:41****Prov. Record: 23.07 1998 Atia Weekes (80), CITC**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|------------------|-----------|
| 1 | 710 Smith, Courtney | 89 | Edmonton Oly | 25.14 |
| 2 | 503 Gray, Tessa | 83 | Calgary Inte | 25.20 |
| 3 | 502 Dion, Rachelle | 85 | Calgary Inte | 25.45 |
| 4 | 603 Bushie, Christine | 89 | Capital City | 25.73 |
| 5 | 570 Simonson, Kayti | 89 | Calgary Warriors | 26.25 |
| 6 | 613 Kassian, Claire | 88 | Capital City | 27.40 |
| 7 | 607 Fedorus, Jaclyn | 88 | Capital City | 28.56 |
| 8 | 606 Edwards, Amy | 89 | Capital City | 29.30 |

**Event 44 Women 800 Metre Run Youth
Sunday 2009-07-05 - 14:53****Prov. Record: 2:07.39 1997-07-12 Tanya Wright (81), LED**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------------|------|-------------------|-----------|
| 1 | 777 Soderberg, Nicole | 92 | Edmonton Thunder | 2:12.00 |
| 2 | 520 Anderson, Evelyn | 93 | Calgary Spartans | 2:18.00 |
| 3 | 796 Laforge, Riley | 94 | Leduc Track | 2:19.09 |
| 4 | 926 Gould, Rebecca | 93 | U OF C Athle | 2:20.00 |
| 5 | 962 Dell, Caitlin | 92 | Unattached | 2:20.30 |
| 6 | 924 Fox, Maria | 93 | U OF C Athle | 2:22.00 |
| 7 | 575 Chappell, Ellen | 93 | Caltaf Athle | 2:24.00 |
| 8 | 552 Bernard, Maria | 93 | Calgary Warriors | 2:26.37 |
| 9 | 596 Wood, Hannah | 92 | Caltaf Athle | 2:27.00 |
| 10 | 938 McAvoy, Shannon | 93 | U OF C Athle | 2:28.65 |
| 11 | 658 Robertson, Alexandra | 92 | Edmonton Harriers | 2:32.00 |
| 12 | 808 Udholm, Ashlynn | 95 | Leduc Track | 2:33.00 |
| 13 | 521 Andruko, Jocelyn | 93 | Calgary Spartans | 2:34.00 |
| 14 | 580 Huang, Katie | 92 | Caltaf Athle | 2:36.00 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 44 ... (Women 800 Metre Run Youth)**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 15 | 886 Mercier, Hilary | 94 | St. Albert T | NT |
| 16 | 628 Crackston, Shelby | 92 | Edmonton Harriers | NT |
| 17 | 884 Maunder, Adeline | 95 | St. Albert T | NT |

Event 45 Women 800 Metre Run Junior

Sunday 2009-07-05 - 15:03

Prov. Record: 2:04.1h 1979-06-16 Ranza Clark (60), CTB

| Comp# | Name | Year | Team | Seed Time |
|-------|----------------------|------|-------------------|-----------|
| 1 | 753 Degaust, Hayley | 90 | Edmonton Thunder | 2:11.00 |
| 2 | 635 Francois, Rachel | 91 | Edmonton Harriers | 2:11.85 |
| 3 | 507 Westaway, Jenna | 94 | Calgary Inte | 2:12.42 |
| 4 | 508 Bauer, Nicole | 93 | Calgary Olym | 2:16.84 |
| 5 | 572 Barlow, Nikki | 90 | Caltaf Athle | 2:17.00 |
| 6 | 547 Stark, Heather | 90 | Calgary Spartans | 2:17.00 |
| 7 | 500 Bolen, Jean | 91 | Calgary Inte | 2:17.20 |
| 8 | 593 Stockall, Holly | 90 | Caltaf Athle | 2:18.00 |
| 9 | 581 Kanuka, Gloria | 91 | Caltaf Athle | 2:19.00 |
| 10 | 654 Puznak, Kirsten | 91 | Edmonton Harriers | 2:19.49 |
| 11 | 762 McMaster, Sarah | 90 | Edmonton Thunder | 2:24.00 |
| 12 | 780 Terlecki, Amelia | 91 | Edmonton Thunder | 2:25.00 |

Event 47 Women 800 Metre Run Master 35-49

Sunday 2009-07-05 - 15:03

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------|------|--------------|-----------|
| 1 | 518 Dixon, Donna | 62 | Calgary Road | 2:31.00 |

Event 51 Men 800 Metre Run Youth

Sunday 2009-07-05 - 15:12

Prov. Record: 1:48.07 1990-08-08 Sasha Smilijanac (73), CAL

| Comp# | Name | Year | Team | Seed Time |
|-------|------------------------|------|-------------------|-----------|
| 1 | 651 Peterson, Cole | 93 | Edmonton Harriers | 1:55.48 |
| 2 | 811 Bocksnick, Jackson | 92 | Lethbridge T | 1:58.70 |
| 3 | 794 Hacking, Donovan | 92 | Leduc Track | 2:02.00 |
| 4 | 950 Safton, Ryan | 92 | U OF C Athle | 2:02.00 |
| 5 | 509 Coy, Jesaiah | 93 | Calgary Olym | 2:04.66 |
| 6 | 944 Nerland, Dale | 94 | U OF C Athle | 2:05.00 |
| 7 | 819 Manery, Adam | 92 | Lethbridge T | 2:08.90 |
| 8 | 816 Hurdle, Chris | 93 | Lethbridge T | 2:09.50 |
| 9 | 778 Song, Steven | 93 | Edmonton Thunder | 2:12.00 |
| 10 | 789 Cakmak, Timurlane | 95 | Leduc Track | 2:16.00 |
| 11 | 746 Mpindou, Kevin | 94 | Edmonton Spr | 2:20.50 |
| 12 | 629 Dong, Kyle | 95 | Edmonton Harriers | 2:39.46 |
| 13 | 893 Sperling, Ben | 95 | St. Albert T | NT |
| 14 | 845 Farries, Nolan | 92 | Red Deer Titans | NT |
| 15 | 860 Penner, Kcoal | 92 | Split City Sonics | NT |

Event 54 Men 800 Metre Run Master 35-49

Sunday 2009-07-05 - 15:12

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|------------------|-----------|
| 1 | 752 Cocker, Tyler | 84 | Edmonton Thunder | 1:57.00 |
| 2 | 519 Guss, David | 60 | Calgary Road | 2:14.00 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta
Performance List - Sunday Track****Event 55 Men 800 Metre Run Master 50-64****Sunday 2009-07-05 - 15:12**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|------------------|-----------|
| 1 | 770 Russell, Cliff | 53 | Edmonton Thunder | 2:18.00 |
| 2 | 677 Milne, Peter | 48 | Edmonton Masters | 3:00.00 |

Event 56 Men 800 Metre Run Master 65+**Sunday 2009-07-05 - 15:12**

| Comp# | Name | Year | Team | Seed Time |
|-------|--------------------|------|--------------|-----------|
| 1 | 516 Dargie, Barrie | 44 | Calgary Road | 2:30.93 |

Event 52 Men 800 Metre Run Junior**Sunday 2009-07-05 - 15:22****Prov. Record: 1:48.07 1990-08-08 Sasha Smiljanic (73), CAL**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 803 Robertson, Karl | 91 | Leduc Track | 1:52.00 |
| 2 | 928 Homer, Jeffrey | 90 | U OF C Athle | 1:55.00 |
| 3 | 891 Schiavone, Trevor | 91 | St. Albert T | 1:55.00 |
| 4 | 820 Mangiel, Paul | 91 | Lethbridge T | 1:55.00 |
| 5 | 588 Ratzlaff, Scott | 90 | Caltaf Athle | 1:55.00 |
| 6 | 759 Kornelsen, Isaak | 91 | Edmonton Thunder | 1:55.00 |
| 7 | 813 Dorosz, Sam | 90 | Lethbridge T | 1:55.60 |
| 8 | 898 Wesolowsky, Drew | 91 | St. Albert T | 1:58.00 |
| 9 | 809 Ward, Adam | 91 | Leduc Track | 1:58.69 |
| 10 | 822 Ott, Andrew | 91 | Lethbridge T | 2:00.00 |
| 11 | 906 Bays, Connor | 90 | U OF C Athle | 2:01.00 |
| 12 | 766 Paulitsch, Brett | 90 | Edmonton Thunder | 2:02.00 |
| 13 | 961 Wittig, Luc | 91 | U OF C Athle | 2:02.96 |
| 14 | 757 Gerke, Garrett | 90 | Edmonton Thunder | 2:03.00 |
| 15 | 525 Brown, Travis | 90 | Calgary Spartans | 2:03.00 |
| 16 | 627 Carroll, Conor | 90 | Edmonton Harriers | 2:06.00 |
| 17 | 815 Hastings, Kendon | 91 | Lethbridge T | 2:14.00 |
| 18 | 685 Altaye, Israel | 90 | Edmonton Oly | NT |

Event 138 Men 2000 Metre Steeplechase Junior**Sunday 2009-07-05 - 15:31****Prov. Record: 8:52.05 2002-07-15 Robbie Nissen (83), ET**

| Comp# | Name | Year | Team | Seed Time |
|-------|-------------------|------|------------------|-----------|
| 1 | 760 Law, Graeme | 90 | Edmonton Thunder | 6:00.00 |
| 2 | 818 Laarman, Tim | 90 | Lethbridge T | NT |
| 3 | 583 Majock, Nyial | 90 | Caltaf Athle | NT |

Event 134 Men 2000 Metre Steeplechase Master 50-64**Sunday 2009-07-05 - 15:31**

| Comp# | Name | Year | Team | Seed Time |
|-------|---------------------|------|--------------------|-----------|
| 1 | 983 Suffield, Bruce | 44 | Unattached Alberta | 9:20.00 |

Event 135 Men 3000 Metre Steeplechase Master 35-49**Sunday 2009-07-05 - 15:41**

| Comp# | Name | Year | Team | Seed Time |
|-------|-----------------|------|--------------|-----------|
| 1 | 519 Guss, David | 60 | Calgary Road | 11:00.00 |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Track****Event 287 Women 4x400 Metre Relay Junior****Sunday 2009-07-05 - 16:01**

| Comp# | Team | Relay | Seed Time |
|--------------|-----------------------|--------------|------------------|
| 1 | U OF C Athletics Club | A | NT |

Event 292 Men 4x400 Metre Relay Junior**Sunday 2009-07-05 - 16:11**

| Comp# | Team | Relay | Seed Time |
|--------------|---|--------------|------------------|
| 1 | Edmonton Sprint Academy T | A | 3:20.50 |
| 2 | Calgary Warriors | A | NT |
| | 1) 571 South, Garrett 90 2) 564 Patterson, Doug 92 3) 555 Freeman, Doug 91 4) 566 Prajea, Mihai 91 | | |
| 3 | Edmonton Olympic Club | A | NT |
| 4 | U OF C Athletics Club | A | NT |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 315 Girls Long Jump Bantam****Sunday 2009-07-05 - 09:30**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------------|------|-------------------|-----------|
| 1 | 587 O'Brien, Chase | 96 | Caltaf Athle | 4.11m |
| 2 | 834 Hendricks, Mason | 96 | Passtrak | 4.00m |
| 3 | 806 Smallwood, Natasha | 96 | Leduc Track | 3.99m |
| 4 | 533 Dixon, Emma | 97 | Calgary Spartans | 3.90m |
| 5 | 836 Mitchell, Brittany | 97 | Passtrak | 3.90m |
| 6 | 830 Laramée, Jocelyn | 97 | Northeast AL | 3.64m |
| 7 | 526 Burk, Alexandra | 97 | Calgary Spartans | 3.60m |
| 8 | 793 Flint, Devin | 96 | Leduc Track | 3.58m |
| 9 | 585 Martin, Emma | 97 | Caltaf Athle | 3.23m |
| 10 | 855 Gerber, Michelle | 96 | Split City Sonics | ND |
| 11 | 889 Newton, Kennedy | 97 | St. Albert T | ND |
| 12 | 883 LaBuick, Amy | 96 | St. Albert T | ND |
| 13 | 869 Curle, Emma | 97 | St. Albert T | ND |
| 14 | 881 Jewell, Jenna | 97 | St. Albert T | ND |
| 15 | 800 Parmar, Chava | 97 | Leduc Track | ND |
| 16 | 788 Cakmak, Noelle | 97 | Leduc Track | ND |
| 17 | 858 Merth, Jenna | 97 | Split City Sonics | ND |
| 18 | 578 Glover, Anna | 97 | Caltaf Athle | ND |
| 19 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | ND |
| 20 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | ND |
| 21 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | ND |
| 22 | 665 Wickware, Jessica | 96 | Edmonton Harriers | ND |
| 23 | 598 Yee, Madelaine | 97 | Caltaf Athle | ND |
| 24 | 591 Stack, Teaghan | 97 | Caltaf Athle | ND |
| 25 | 640 Hitchings, Diane | 97 | Edmonton Harriers | ND |
| 26 | 623 Basher, Erin | 97 | Edmonton Harriers | ND |
| 27 | 882 Kozuska, Jordan | 97 | St. Albert T | ND |
| 28 | 693 Dillon, Cayle | 97 | Edmonton Oly | ND |
| 29 | 877 Groenenboom, Emily | 96 | St. Albert T | ND |
| 30 | 867 Christensen, Courtney | 96 | St. Albert T | ND |
| 31 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | ND |
| 32 | 694 Francis, Mattea | 96 | Edmonton Oly | ND |
| 33 | 713 Walker, Morgan | 96 | Edmonton Oly | ND |

Event 194 Men Triple Jump Master 35-49**Sunday 2009-07-05 - 10:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|--------------------|-----------|
| 1 | 667 Black, Murray | 59 | Edmonton Masters | 10.35m |
| 2 | 964 Bennett, Garfield | 64 | Unattached Alberta | ND |

Event 195 Men Triple Jump Master 50-64**Sunday 2009-07-05 - 10:40****M50+**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 677 Milne, Peter | 48 | Edmonton Masters | 9.00m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 196 Men Triple Jump Master 65+**
Sunday 2009-07-05 - 10:40

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 682 Roberts, Richard | 42 | Edmonton Masters | 6.10m |

Event 191 Men Triple Jump Youth
Sunday 2009-07-05 - 11:10

Prov. Record: 14.04m

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------------|-----------|
| 1 | 586 McKay, Ryan | 93 | Caltaf Athle | 12.58m |
| 2 | 609 Golka, Ryan | 93 | Capital City | 11.97m |
| 3 | 829 Laramee, Eric | 94 | Northeast AL | ND |
| 4 | 730 Castillo, Diego | 92 | Edmonton Spr | ND |
| 5 | 973 Kinley, George | 92 | Unattached Alberta | ND |
| 6 | 842 Bettac, Sean | 94 | Red Deer Titans | ND |

Event 192 Men Triple Jump Junior
Sunday 2009-07-05 - 11:35

Prov. Record: 15.28m

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 910 Bromley, Brett | 90 | U OF C Athle | 12.68m |
| 2 | 922 Eng, Preston | 91 | U OF C Athle | 12.61m |
| 3 | 948 Rigaux, Todd | 90 | U OF C Athle | 12.53m |
| 4 | 913 Clark, Adam | 90 | U OF C Athle | ND |
| 5 | 731 Dickson, Brendan | 91 | Edmonton Spr | ND |

Event 185 Women Triple Jump Youth
Sunday 2009-07-05 - 12:55

Prov. Record: 11.61m

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|-------------------|-----------|
| 1 | 833 Miller, Julie | 93 | Northeast AL | 10.14m |
| 2 | 859 Nerbas, Joelle | 93 | Split City Sonics | ND |
| 3 | 857 Grannum, Jazmine | 94 | Split City Sonics | ND |

Event 189 Women Triple Jump Master 50-64
Sunday 2009-07-05 - 12:55

W50+

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------|-----------|
| 1 | 901 Amerongen, Loretta | 53 | U OF A Athle | ND |

Event 186 Women Triple Jump Junior
Sunday 2009-07-05 - 13:25

Prov. Record: 12.27m

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|--------------|-----------|
| 1 | 945 Parrish, Danielle | 90 | U OF C Athle | 10.76m |
| 2 | 908 Branford, Iesha | 91 | U OF C Athle | 10.35m |
| 3 | 619 Visser, Amy | 91 | Capital City | 10.08m |

Event 187 Women Triple Jump Open
Sunday 2009-07-05 - 13:25

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|------------------|-----------|
| 1 | 522 Baerg, Karen | 83 | Calgary Spartans | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 316 Boys Long Jump Bantam****Sunday 2009-07-05 - 10:50**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 835 Mason, Nakoda | 96 | Passtrak | 4.72m |
| 2 | 561 MacKay, Scott | 96 | Calgary Warriors | 4.29m |
| 3 | 837 Schuh, Joshua | 97 | Passtrak | 3.77m |
| 4 | 595 Vogelgesang, Max | 97 | Caltaf Athle | 3.48m |
| 5 | 876 Graunke, Cole | 97 | St. Albert T | ND |
| 6 | 864 Breda, Cole | 97 | St. Albert T | ND |
| 7 | 897 Waselenchuk, Seth | 96 | St. Albert T | ND |
| 8 | 530 Colquhoun, Kahleil | 97 | Calgary Spartans | ND |
| 9 | 700 Huber, Nicholas | 96 | Edmonton Oly | ND |
| 10 | 848 Posyluzny, Brayden | 97 | Red Deer Titans | ND |
| 11 | 630 Drever, Callum | 97 | Edmonton Harriers | ND |
| 12 | 576 Foster, Eric | 96 | Caltaf Athle | ND |
| 13 | 594 Thuna, Sean | 97 | Caltaf Athle | ND |
| 14 | 868 Cuciz, Nicholas | 97 | St. Albert T | ND |
| 15 | 894 Thorsley, Tyler | 96 | St. Albert T | ND |
| 16 | 705 Parks, Corey | 96 | Edmonton Oly | ND |
| 17 | 698 Harriott, Tyree | 97 | Edmonton Oly | ND |

Event 310 Boys High Jump Pee wee**Sunday 2009-07-05 - 09:55**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 828 Laramée, Christian | 99 | Northeast AL | 0.90m |
| 2 | 896 Waselenchuk, Quinn | 98 | St. Albert T | NH |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | NH |
| 4 | 664 Wickware, Brett | 98 | Edmonton Harriers | NH |

Event 150 Men High Jump Master 35-49**Sunday 2009-07-05 - 10:30**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|------------------|-----------|
| 1 | 667 Black, Murray | 59 | Edmonton Masters | 1.58m |
| 2 | 895 Walker, Ron | 71 | St. Albert T | NH |

Event 151 Men High Jump Master 50-64**Sunday 2009-07-05 - 10:30**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------------|------|--------------------|-----------|
| 1 | 981 Peter, Heinz-Juergen | 48 | Unattached Alberta | 1.57m |
| 2 | 983 Suffield, Bruce | 44 | Unattached Alberta | NH |

Event 152 Men High Jump Master 65+**Sunday 2009-07-05 - 10:30**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|------------------|-----------|
| 1 | 682 Roberts, Richard | 42 | Edmonton Masters | 1.10m |

Event 147 Men High Jump Youth**Sunday 2009-07-05 - 12:20****Prov. Record: 2.08m 1997 Jesse Lipscombe (80), STA**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------------|-----------|
| 1 | 730 Castillo, Diego | 92 | Edmonton Spr | 1.93m |
| 2 | 970 Hayes, Connor | 93 | Unattached Alberta | 1.85m |
| 3 | 829 Laramée, Eric | 94 | Northeast AL | 1.65m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 147 ... (Men High Jump Youth)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|-----------------|-----------|
| 4 | 723 Felipe, John | 94 | Edmonton Royals | 1.65m |
| 5 | 827 Dubeau, Marc | 94 | Northeast AL | 1.60m |
| 6 | 734 Heasch, Adam | 92 | Edmonton Spr | NH |
| 7 | 879 Grovet, Geoffrey | 93 | St. Albert T | NH |

Event 148 Men High Jump Junior

Sunday 2009-07-05 - 13:35

Prov. Record: 2.15m 1998-06-26 Jesse Lipscombe (80), STA

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 731 Dickson, Brendan | 91 | Edmonton Spr | 1.90m |
| 2 | 744 McPhee, Stephen | 91 | Edmonton Spr | 1.90m |
| 3 | 948 Rigaux, Todd | 90 | U OF C Athle | 1.85m |
| 4 | 915 Collins, Pat | 91 | U OF C Athle | 1.85m |
| 5 | 955 Thomas, Craig | 90 | U OF C Athle | NH |

Event 309 Girls High Jump Pee wee

Sunday 2009-07-05 - 09:30

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------------|------|--------------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 1.05m |
| 2 | 875 Gorgichuk, Hannah | 98 | St. Albert T | NH |
| 3 | 863 Bornia, Katie | 98 | St. Albert T | NH |
| 4 | 871 De La Mare, Sydney | 98 | St. Albert T | NH |
| 5 | 687 Brown, Kiara | 99 | Edmonton Oly | NH |
| 6 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | NH |
| 7 | 870 Curle, Madelyn | 99 | St. Albert T | NH |
| 8 | 899 Young, Naomi | 98 | St. Albert T | NH |
| 9 | 862 Anderson, Alexis | 98 | St. Albert T | NH |
| 10 | 878 Groenenboom, Haley | 98 | St. Albert T | NH |
| 11 | 900 Young, Sara | 00 | St. Albert T | NH |
| 12 | 637 Hammond, Hannah | 98 | Edmonton Harriers | NH |
| 13 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | NH |
| 14 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | NH |
| 15 | 969 Hall, Yasmine | 98 | Unattached Alberta | NH |
| 16 | 846 McKain, Kassi | 98 | Red Deer Titans | NH |
| 17 | 647 McGill, Sidney | 99 | Edmonton Harriers | NH |
| 18 | 584 Martin, Alison | 99 | Caltaf Athle | NH |
| 19 | 577 Foster, Rhea | 98 | Caltaf Athle | NH |
| 20 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | NH |

Event 156 Women Pole Vault Youth

Sunday 2009-07-05 - 11:00

Prov. Record: 3.65m

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|--------------|-----------|
| 1 | 920 Edwards, Nicole | 92 | U OF C Athle | 2.60m |
| 2 | 582 Lissel, Kayla | 92 | Caltaf Athle | 2.60m |

Event 157 Women Pole Vault Junior

Sunday 2009-07-05 - 11:00

Prov. Record: 3.75m 2005-06-26

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------------|------|--------------|-----------|
| 1 | 953 Stephenson, Kimberly | 91 | U OF C Athle | 3.40m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 157 ... (Women Pole Vault Junior)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------|-----------|
| 2 | 947 Ridout, Paige | 92 | U OF C Athle | 3.30m |
| 3 | 907 Bertram, Keightley | 90 | U OF C Athle | 3.15m |
| 4 | 940 McKercher, Gillian | 90 | U OF C Athle | 2.90m |
| 5 | 942 Morris, Tomi | 91 | U OF C Athle | 2.70m |

Event 159 Women Pole Vault Master 50-64**Sunday 2009-07-05 - 11:00****W35+**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|--------------|-----------|
| 1 | 666 Mintz, Rachel | 79 | Edmonton Int | X2.80m |

Event 320 Boys Shot Put 2 kg Pee wee**Sunday 2009-07-05 - 09:40**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 828 Laramée, Christian | 99 | Northeast AL | 5.48m |
| 2 | 896 Waselenchuk, Quinn | 98 | St. Albert T | ND |
| 3 | 805 Smallwood, Joshua | 99 | Leduc Track | ND |
| 4 | 664 Wickware, Brett | 98 | Edmonton Harriers | ND |

Event 211 Men Shot Put Master 35-49**Sunday 2009-07-05 - 09:55****Prov. Record: 18.44m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|--------------------|-----------|
| 1 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |
| 2 | 966 Freeman, Sean | 72 | Unattached Alberta | ND |
| 3 | 895 Walker, Ron | 71 | St. Albert T | ND |
| 4 | 849 Posyluzny, Darren | 68 | Red Deer Titans | ND |

Event 212 Men Shot Put Master 50-64**Sunday 2009-07-05 - 09:55**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 812 Chmielewski, Ron | 48 | Lethbridge T | 9.84m |
| 2 | 984 Thomson, Roy | 46 | Unattached Alberta | 8.00m |

Event 213 Men Shot Put Master 65+**Sunday 2009-07-05 - 09:55**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 967 Glowacki, Marek | 40 | Unattached Alberta | 12.00m |
| 2 | 679 Nett, Arnold | 32 | Edmonton Masters | 8.50m |
| 3 | 982 Smolinski, Frank | 39 | Unattached Alberta | ND |

Event 208 Men Shot Put Youth**Sunday 2009-07-05 - 10:50****Prov. Record: 17.88m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|-------------------|-----------|
| 1 | 831 Lawrence, Alex | 92 | Northeast AL | ND |
| 2 | 564 Patterson, Doug | 92 | Calgary Warriors | ND |
| 3 | 644 Kushak, Matthew | 93 | Edmonton Harriers | ND |

Event 319 Girls Shot Put 2 kg Pee wee**Sunday 2009-07-05 - 11:10**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|--------------|-----------|
| 1 | 826 Cole, Courtney | 99 | Northeast AL | 4.12m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 319 ... (Girls Shot Put 2 kg Pee wee)**

| Comp# | Name | Year | Team | Seed | Mark |
|-------|-------------------------|------|--------------------|------|------|
| 2 | 875 Gorgichuk, Hannah | 98 | St. Albert T | | ND |
| 3 | 863 Bornia, Katie | 98 | St. Albert T | | ND |
| 4 | 871 De La Mare, Sydney | 98 | St. Albert T | | ND |
| 5 | 709 Sigfstead, Sophie | 00 | Edmonton Oly | | ND |
| 6 | 687 Brown, Kiara | 99 | Edmonton Oly | | ND |
| 7 | 862 Anderson, Alexis | 98 | St. Albert T | | ND |
| 8 | 899 Young, Naomi | 98 | St. Albert T | | ND |
| 9 | 971 Hik, Felicity | 99 | Unattached Alberta | | ND |
| 10 | 878 Groenenboom, Haley | 98 | St. Albert T | | ND |
| 11 | 900 Young, Sara | 00 | St. Albert T | | ND |
| 12 | 636 Greenaway, Kiera | 98 | Edmonton Harriers | | ND |
| 13 | 846 McKain, Kassi | 98 | Red Deer Titans | | ND |
| 14 | 637 Hammond, Hannah | 98 | Edmonton Harriers | | ND |
| 15 | 584 Martin, Alison | 99 | Caltaf Athle | | ND |
| 16 | 969 Hall, Yasmine | 98 | Unattached Alberta | | ND |
| 17 | 647 McGill, Sidney | 99 | Edmonton Harriers | | ND |
| 18 | 577 Foster, Rhea | 98 | Caltaf Athle | | ND |
| 19 | 643 Kuerschner, Melina | 98 | Edmonton Harriers | | ND |
| 20 | 663 Sinnatamby, Tristan | 00 | Edmonton Harriers | | ND |

Event 210 Men Shot Put Open

Sunday 2009-07-05 - 12:55

Prov. Record: 17.45m

| Comp# | Name | Year | Team | Seed | Mark |
|-------|----------------------|------|-------------------|------|------|
| 1 | 529 Clark, Rhys | 84 | Calgary Spartans | | ND |
| 2 | 548 Urbanzyk, Greg | 76 | Calgary Spartans | | ND |
| 3 | 642 Kendrick, Dallas | 85 | Edmonton Harriers | | ND |

Event 209 Men Shot Put Junior

Sunday 2009-07-05 - 13:15

Prov. Record: 19.10m

| Comp# | Name | Year | Team | Seed | Mark |
|-------|----------------------|------|--------------|--------|------|
| 1 | 744 McPhee, Stephen | 91 | Edmonton Spr | 13.00m | |
| 2 | 933 Link, Steven | 91 | U OF C Athle | | ND |
| 3 | 919 Dueck, Joel | 92 | U OF C Athle | | ND |
| 4 | 622 Tarnava, Ryan | 91 | Chinook Trac | | ND |
| 5 | 731 Dickson, Brendan | 91 | Edmonton Spr | | ND |
| 6 | 904 Wright, Smith | 90 | U OF A Athle | | ND |
| 7 | 955 Thomas, Craig | 90 | U OF C Athle | | ND |

Event 207 Men Shot Put Midget

Sunday 2009-07-05 - 14:00

Prov. Record: 15.49m

| Comp# | Name | Year | Team | Seed | Mark |
|-------|-----------------------------|------|------------------|--------|------|
| 1 | 597 Yee, Daniel | 94 | Caltaf Athle | 10.39m | |
| 2 | 592 Stack, Tynan | 95 | Caltaf Athle | 9.93m | |
| 3 | 866 Chalaturnyk, Jonathan | 95 | St. Albert T | | ND |
| 4 | 537 Jolicoeur, Simon-Daniel | 94 | Calgary Spartans | | ND |
| 5 | 528 Caouette, Henry | 95 | Calgary Spartans | | ND |
| 6 | 987 Carias, Wezen | 94 | Wapiti Striders | | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 207 ... (Men Shot Put Midget)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|--------------|-----------|
| 7 | 827 Dubeau, Marc | 94 | Northeast AL | ND |

Event 216 Women Discus Throw Junior

Sunday 2009-07-05 - 09:00

Prov. Record: 49.86m

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|-------------------|-----------|
| 1 | 852 Rak, Breanna | 91 | STFC | ND |
| 2 | 639 Heshka-Wolf, Ciera | 91 | Edmonton Harriers | ND |

Event 217 Women Discus Throw Open

Sunday 2009-07-05 - 09:00

Prov. Record: 54.15m

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|-----------------|-----------|
| 1 | 986 Carias, Rigel | 88 | Wapiti Striders | 30.00m |

Event 218 Women Discus Throw Master 35-49

Sunday 2009-07-05 - 09:00

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 536 Jolicoeur, Jovette | 59 | Calgary Spartans | ND |

Event 219 Women Discus Throw Master 50-64

Sunday 2009-07-05 - 09:00

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 681 Roberts, Catherine | 47 | Edmonton Masters | 20.00m |

Event 324 Boys Discus Throw 750 g Bantam

Sunday 2009-07-05 - 09:55

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 835 Mason, Nakoda | 96 | Passtrak | 16.85m |
| 2 | 837 Schuh, Joshua | 97 | Passtrak | 13.06m |
| 3 | 864 Breda, Cole | 97 | St. Albert T | ND |
| 4 | 700 Huber, Nicholas | 96 | Edmonton Oly | ND |
| 5 | 876 Graunke, Cole | 97 | St. Albert T | ND |
| 6 | 530 Colquhoun, Kahleil | 97 | Calgary Spartans | ND |
| 7 | 561 MacKay, Scott | 96 | Calgary Warriors | ND |
| 8 | 549 Westaway, Callum | 97 | Calgary Spartans | ND |
| 9 | 595 Vogelgesang, Max | 97 | Caltaf Athle | ND |
| 10 | 705 Parks, Corey | 96 | Edmonton Oly | ND |
| 11 | 576 Foster, Eric | 96 | Caltaf Athle | ND |
| 12 | 594 Thuna, Sean | 97 | Caltaf Athle | ND |
| 13 | 868 Cuciz, Nicholas | 97 | St. Albert T | ND |
| 14 | 894 Thorsley, Tyler | 96 | St. Albert T | ND |
| 15 | 698 Harriott, Tyree | 97 | Edmonton Oly | ND |

Event 323 Girls Discus Throw 750 g Bantam

Sunday 2009-07-05 - 10:45

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------|-----------|
| 1 | 834 Hendricks, Mason | 96 | Passtrak | 16.94m |
| 2 | 598 Yee, Madelaine | 97 | Caltaf Athle | 13.25m |
| 3 | 836 Mitchell, Brittany | 97 | Passtrak | 11.62m |
| 4 | 889 Newton, Kennedy | 97 | St. Albert T | ND |
| 5 | 881 Jewell, Jenna | 97 | St. Albert T | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 323 ... (Girls Discus Throw 750 g Bantam)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------------|------|-------------------|-----------|
| 6 | 858 Merth, Jenna | 97 | Split City Sonics | ND |
| 7 | 855 Gerber, Michelle | 96 | Split City Sonics | ND |
| 8 | 867 Christensen, Courtney | 96 | St. Albert T | ND |
| 9 | 882 Kozuska, Jordan | 97 | St. Albert T | ND |
| 10 | 877 Groenenboom, Emily | 96 | St. Albert T | ND |
| 11 | 806 Smallwood, Natasha | 96 | Leduc Track | ND |
| 12 | 526 Burk, Alexandra | 97 | Calgary Spartans | ND |
| 13 | 793 Flint, Devin | 96 | Leduc Track | ND |
| 14 | 578 Glover, Anna | 97 | Caltaf Athle | ND |
| 15 | 788 Cakmak, Noelle | 97 | Leduc Track | ND |
| 16 | 533 Dixon, Emma | 97 | Calgary Spartans | ND |
| 17 | 640 Hitchings, Diane | 97 | Edmonton Harriers | ND |
| 18 | 623 Basher, Erin | 97 | Edmonton Harriers | ND |
| 19 | 645 Leggatt, Hannah | 96 | Edmonton Harriers | ND |
| 20 | 641 Hitchings, Hailey | 97 | Edmonton Harriers | ND |
| 21 | 591 Stack, Teaghan | 97 | Caltaf Athle | ND |
| 22 | 585 Martin, Emma | 97 | Caltaf Athle | ND |
| 23 | 587 O'Brien, Chase | 96 | Caltaf Athle | ND |
| 24 | 695 Gierl, Elizabeth | 97 | Edmonton Oly | ND |
| 25 | 694 Francis, Mattea | 96 | Edmonton Oly | ND |
| 26 | 693 Dillon, Cayle | 97 | Edmonton Oly | ND |
| 27 | 713 Walker, Morgan | 96 | Edmonton Oly | ND |
| 28 | 662 Sinnatamby, Tiana | 97 | Edmonton Harriers | ND |
| 29 | 665 Wickware, Jessica | 96 | Edmonton Harriers | ND |
| 30 | 830 Laramée, Jocelyn | 97 | Northeast AL | ND |

Event 214 Women Discus Throw Midget

Sunday 2009-07-05 - 13:05

Prov. Record: 33.97m

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|--------------------|-----------|
| 1 | 531 Cosman, Lauren | 95 | Calgary Spartans | 20.00m |
| 2 | 832 MacDonald, Lindsey | 95 | Northeast AL | ND |
| 3 | 974 Kinley, Grace | 95 | Unattached Alberta | ND |

Event 215 Women Discus Throw Youth

Sunday 2009-07-05 - 13:05

Prov. Record: 44.14m

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|--------------------|-----------|
| 1 | 861 Springer, Jaimee | 92 | Split City Sonics | ND |
| 2 | 704 Oudenaarden, Niki | 94 | Edmonton Oly | ND |
| 3 | 975 Kruger, Wane | 92 | Unattached Alberta | ND |
| 4 | 847 Murphy, Mallory | 92 | Red Deer Titans | ND |

Event 225 Men Discus Throw Master 35-49

Sunday 2009-07-05 - 13:50

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |
| 2 | 966 Freeman, Sean | 72 | Unattached Alberta | ND |
| 3 | 895 Walker, Ron | 71 | St. Albert T | ND |
| 4 | 743 Matheson, Gerald | 66 | Edmonton Spr | ND |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 226 Men Discus Throw Master 50-64****Sunday 2009-07-05 - 13:50**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 812 Chmielewski, Ron | 48 | Lethbridge T | 31.93m |
| 2 | 984 Thomson, Roy | 46 | Unattached Alberta | 27.00m |
| 3 | 677 Milne, Peter | 48 | Edmonton Masters | 25.00m |

Event 227 Men Discus Throw Master 65+**Sunday 2009-07-05 - 13:50**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 1 | 967 Glowacki, Marek | 40 | Unattached Alberta | 38.00m |
| 2 | 675 McFadyen, Robert | 43 | Edmonton Masters | 33.39m |
| 3 | 682 Roberts, Richard | 42 | Edmonton Masters | 28.07m |
| 4 | 683 Swane, Dwight | 44 | Edmonton Masters | 24.00m |
| 5 | 679 Nett, Arnold | 32 | Edmonton Masters | 20.00m |
| 6 | 982 Smolinski, Frank | 39 | Unattached Alberta | ND |

Event 221 Men Discus Throw Midget**Sunday 2009-07-05 - 14:55****Prov. Record: 55.78m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------------|------|------------------|-----------|
| 1 | 597 Yee, Daniel | 94 | Caltaf Athle | 26.91m |
| 2 | 866 Chalaturnyk, Jonathan | 95 | St. Albert T | ND |
| 3 | 885 McIver, Braden | 95 | St. Albert T | ND |
| 4 | 537 Jolicoeur, Simon-Daniel | 94 | Calgary Spartans | ND |
| 5 | 887 Meronyk, Nick | 94 | St. Albert T | ND |
| 6 | 892 Sinclair, Eric | 95 | St. Albert T | ND |
| 7 | 592 Stack, Tynan | 95 | Caltaf Athle | ND |
| 8 | 987 Carias, Wezen | 94 | Wapiti Striders | ND |
| 9 | 827 Dubeau, Marc | 94 | Northeast AL | ND |
| 10 | 850 Seguin, Cole | 95 | Red Deer Titans | ND |

Event 222 Men Discus Throw Youth**Sunday 2009-07-05 - 15:50****Prov. Record: 46.16m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|---------------------|------|-------------------|-----------|
| 1 | 644 Kushak, Matthew | 93 | Edmonton Harriers | ND |

Event 223 Men Discus Throw Junior**Sunday 2009-07-05 - 15:50****Prov. Record: 55.26m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-------------------|------|--------------|-----------|
| 1 | 622 Tarnava, Ryan | 91 | Chinook Trac | ND |
| 2 | 933 Link, Steven | 91 | U OF C Athle | ND |
| 3 | 955 Thomas, Craig | 90 | U OF C Athle | ND |
| 4 | 904 Wright, Smith | 90 | U OF A Athle | ND |
| 5 | 919 Dueck, Joel | 92 | U OF C Athle | ND |

Event 224 Men Discus Throw Open**Sunday 2009-07-05 - 15:50****Prov. Record: 55.89m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------|------|--------------|-----------|
| 1 | 927 Holmes, Tim | 88 | U OF C Athle | 25.06m |

2009 Alberta Provincial Outdoor Championships - 2009-07-04 to 2009-07-05**Track & Field****Foote Field, Edmonton, Alberta****Performance List - Sunday Field****Event 224 ... (Men Discus Throw Open)**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------------|-----------|
| 2 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |
| 3 | 642 Kendrick, Dallas | 85 | Edmonton Harriers | ND |
| 4 | 529 Clark, Rhys | 84 | Calgary Spartans | ND |

Event 229 Women Javelin Throw Youth**Sunday 2009-07-05 - 10:20****Prov. Record: 43.80m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|-----------------------|------|-------------------|-----------|
| 1 | 833 Miller, Julie | 93 | Northeast AL | ND |
| 2 | 704 Oudenaarden, Niki | 94 | Edmonton Oly | ND |
| 3 | 861 Springer, Jaimee | 92 | Split City Sonics | ND |

Event 230 Women Javelin Throw Junior**Sunday 2009-07-05 - 10:20****Prov. Record: 48.72m**

| Comp# | Name | Year | Team | Seed Mark |
|-------|--------------------|------|-----------------|-----------|
| 1 | 852 Rak, Breanna | 91 | STFC | ND |
| 2 | 844 Coupal, Breann | 90 | Red Deer Titans | ND |

Event 233 Women Javelin Throw Master 50-64**Sunday 2009-07-05 - 10:20**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 681 Roberts, Catherine | 47 | Edmonton Masters | 20.00m |

Event 256 Women Weight Throw 16-12lb Master 50-64**Sunday 2009-07-05 - 16:15**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------------|------|------------------|-----------|
| 1 | 681 Roberts, Catherine | 47 | Edmonton Masters | 7.00m |

Event 258 Men Weight Throw 35lb Master 35-49**Sunday 2009-07-05 - 16:25**

| Comp# | Name | Year | Team | Seed Mark |
|-------|------------------|------|--------------------|-----------|
| 1 | 985 Wilson, Kier | 71 | Unattached Alberta | ND |

Event 259 Men Weight Throw 25-20lb Master 50-64**Sunday 2009-07-05 - 16:25**

| Comp# | Name | Year | Team | Seed Mark |
|-------|----------------------|------|--------------|-----------|
| 1 | 812 Chmielewski, Ron | 48 | Lethbridge T | 10.38m |